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Astronauts remembered



Ambassadors, politicians, religious and community leaders join over 250 people of all faiths at the Embassy of Israel's memorial ceremony for the *Columbia* astronauts at Machzikei Hadas. See editor's column, page 9. Related story, page 6.

(Photo: Peter Waiser Photography)

Integrated system to improve patient care at cancer centre

By Olane Koven

Being diagnosed with cancer is most people's worst nightmare. In many cases, the nightmare is compounded by trying to wade through the system, to line up and undergo the appropriate treatment.

According to Dr. Hartley Stern, chief executive officer and medical director of the Ottawa Regional Cancer Centre and chairman of the department of surgery at the University of

Ottawa, "patients can be on a yo-yo to go from step to step." From the diagnosis to a biopsy, a referral to a specialist, various treatments and follow-ups, the process is often frustrating and tedious. Dr. Stern compares the stages to climbing the rungs of a ladder. It is his hope that before long, it will become more like a smooth escalator ride.

How will this improvement come about? "We are building an integrated ser-

vice by which all of the services will be provided under one umbrella," says Dr. Stern. "In the province, we are undergoing a change in the way we deliver the care, shifting toward an integrated structure with somebody to navigate and coordinate it."

Specifically, in the Ottawa-Carleton region, things are beginning to happen. "We are creating a project by which all the

(Continued on page 2)

Blame it on Arafat

By Shlomo Gazi

What explains last month's Knesset elections and the contradiction between how the public thinks and how it votes?

A superficial analysis shows both a collapse of the Left - Meretz and Labor - and a decline on the Right. The extremist Herut party failed to garner any seats, and both the National Union and Yisrael B'Aliya lost ground.

On the other hand, Likud doubled its power base and, in a meteoric rise, Shinui nearly tripled

its mandates.

For a long time, opinion polls have been showing that Israelis accept the principle of dividing the land between two sovereign states living alongside each other.

They envision a clear separation that would require the evacuation of all the settlements in the area designated for a Palestinian state. They want a compromise on Jerusalem.

On only one point has the Israeli position remained uncompromis-

ing: an absolute refusal to allow the entrance of Palestinian refugees into Israel.

So how do you explain the apparent discrepancy between how the public thinks and how it votes?

The collapse of the Left cannot be understood by its platforms or leadership. It was caused by the Palestinian leadership.

Since the failure of the Camp David summit nearly three years ago, Israeli voters have been confused, no longer sure they are fac-

(Continued on page 10)



Supporters celebrate Likud victory of the Israeli general election on January 28.

(Photo: Ariel Jerolimski, JP)

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Improved care at cancer centre

(Continued from page 1)
hospitals will agree to have the same patient health record numbers so that the information can be electronically moved from one centre to another and the patient does not have to re-register, etc. This will probably take about four years. The first phase is to integrate the Ottawa Hospital

with the Cancer Centre, which will probably take about a year and a half, resulting in benefits to the patients. The waiting lists will be shortened and this will also reduce fear."

The other major integration being undertaken is that of the research and clinical departments. "We have restructured our mis-

sion to be research based and are applying to the government for funding to put the researchers and doctors in the same place so that new discoveries that we make in the research institute will have clinical relevance," said Dr. Stern. "We will have the infrastructure on site to allow us to test out the new therapies more efficiently. We have a \$45 million proposal before the Ministry of Health for an expanded Cancer Centre and we will submit a \$30 million proposal to the combined federal and provincial government for a research proposal that will specifically address issues like the Centre of Excellence for Viral Treatment. These are the steps we are taking to try to be leaders in the country for new treatments of cancer."

Dr. Stern specializes in treating patients with colorectal cancer. In addition, he coordinates, with Dr. Alain Lagarde, a laboratory investigating colon cancer genetics in order to better understand the causes of colon cancer.

Dr. Stern has been very impressed with the commitment of Ottawa's Jewish community in helping the Cancer Centre to grow as well as the involvement in so many other worthy causes. "Not only do Jews give money to Jewish causes,



Dr. Hartley Stern is the chief executive officer and medical director of the Ottawa Regional Cancer Centre and chair of the department of surgery at the University of Ottawa.

es, not only do they actively support Jewish institutions, but they are incredibly engaged in other philanthropic areas," he said.

On a personal note, Dr. Stern has very warm feelings for the community that embraced him and his family when they moved here from Toronto nearly 10 years ago. "When we arrived here, we had no family and knew almost nobody, but people found us. We were invited to a different home every Friday night for Shabbat dinner for at least the first six months."

Over the years he, his wife Dorothy and their sons Daniel and Andrew have become active participants in Jewish communal life. The boys both enjoyed their years at Hillel Academy and the family are regulars at the SJCC. They have done volunteer work and been involved in various community activities. "It

was not difficult to become engaged in the Ottawa Jewish Community," said Dr.

Stern. "It is very welcoming and there are lots of opportunities."

Colorectal Cancer fundraiser March 1

A fundraising event to benefit the Ottawa Regional Cancer Centre for Colorectal Cancer research and the Mount Sinai Hospital in Toronto for a national medical research project on Crohn's Disease and Ulcerative Colitis will be held on March 1, 2003 at the Ottawa Congress Centre.

The *Rhapsody in Gold's Snowflake Ball* will be attended by leading oncologists, scientists, physicians, including honoured guest Dr. Hartley Stern. Members of the media and celebrities will also attend the high profile, black-tie Ball. For further information, call Yael Jason, event chair (237-0190).

Foster families urgently needed

IFS has an urgent need for Jewish foster families to take in Jewish children. Unfortunately, CAS has had occasion to require temporarily removing Jewish children from their own families. We believe it is important to provide these children with a nurturing environment that is culturally sensitive and provides Jewish continuity.

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LIFELINES

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The Aviv Fest is approaching!

What are you doing May 25th?

Committees are set and planning is in full swing. The Jewish community's mega-event of the year is shaping up to be the most successful in memory.

According to Co-chair Ellen Fathi, the importance of having an extravaganza like the AvivFest and Walkathon is to show the general public what it means to be part of the Jewish community.

"We have a wonderful culture that we would like to share with everyone," said Fathi.

The event is designed to showcase and celebrate our strong and dedicated community. Synagogues, schools and agencies will all be there.

Highlights include:

- A marketplace featuring kosher cuisine
- Entertainment activities for the kids
- A beer tent



Aviv Festival Co-chairs
Ray and Ellen Fathi

- An Israeli entertainer
- Yuk Yuk's comedy
- Local and Israeli artisans
- And much more!!!

A critical aspect of the weekend will be the Walkathon. "We plan to bring the same excitement and passion to the Aviv Fest Walkathon that we saw last April on Parliament Hill in support of Israel," said Walk Chair Butch Zinman.

Ellen and Ray Fathi have been involved in the community since 1978. Ellen has chaired the Walkathon for two years, and has served as the chair of Women's State of Israel Bonds.

When asked why they have taken the lead role in the festival, Ellen said, "We never say no because we like to give back. We were welcomed with open arms when we arrived here. We care about the community and have always been active."

Volunteer opportunities are still available. To volunteer or if you have any questions, please email avivfest@jccottawa.com or call 798-4696, ext. 258.

Up and coming:

March 5th-14th, 2003
Family Mission to Israel
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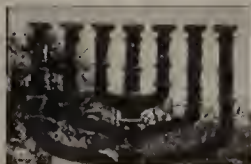
April 4th-6th, 2003
Imagine - Young Leadership Conference
Montreal
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May 4th-11th, 2003
Independence Day Community Mission to Israel
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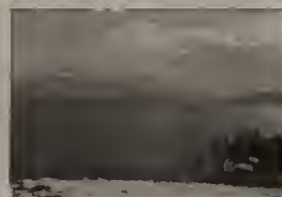
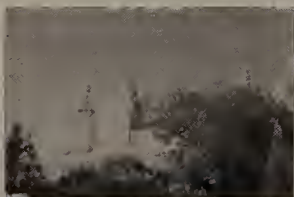
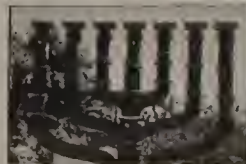
May 24th-26th, 2003
Aviv Festival and Walkathon
Saturday night - Yuk Yuk's comedy
Sunday - Festival and Walk
Monday - Evening with Naomi Ragen

UJA is looking for a new name for the Lifelines page.

If you have any suggestions that reflect the ideals of the organization, please send them to jepow@jccottawa.com, or call 798-4696.
Prizes awarded.



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May 4th-11th, 2003

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Gaby Sassoon: a life of volunteering and helping others

**JYL hosts a memorial dinner
and Tree of Life dedication March 23**

By Zev Singer

July 23, 2002 was an unusual day for me inside the *Ottawa Citizen* newsroom. It was one day after the death of an Ottawa man named Gaby Sassoon. It was the day of his funeral.

A lot of people in the Jewish community have asked me about that day and about why the *Citizen* was

willing to run a story about a 55-year-old public servant none of the editors had ever heard of.

We love Gaby, people would tell me, but why would the whole world be interested?

It's a question I wrestled with for all of that July day.

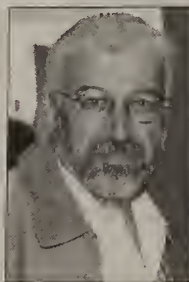
In a typical day in a city this size, 16 people die. I

made the calculation that day. About a quarter of those deaths are from cancer. Every day, families and friends and colleagues have to deal with such painful losses. Why focus on this one man?

At the start of that day, I wasn't exactly sure why myself. Somehow I just knew I needed to write about him. I told my editors I thought there was a story there that could potentially touch a lot of readers who didn't know him or share his background. I asked them to take a chance on the story and let me see if I could make it work. They agreed.

I went to the funeral. And then to the *shivah*. I spoke to people, heard stories, asked for details. I still wasn't sure exactly how I would handle the story.

With the night deadline coming up and only a few hours to write I reviewed my notes. As is always the case in journalism, it was the facts that really led the



The late Gaby Sassoon

way, not the descriptions. Not the adjectives but the nouns.

UJA, Tamir, phone drives, golf tournaments — which he organized, even though he didn't play golf. Volunteerism. Gaby put his time and energy where his mouth was.

The verbs were also on his side.

Singing, dancing, helping, schlepping, advising, phoning, joking, laughing, loving.

By the time the deadline came, I knew why Gaby

was exactly the kind of person a newspaper should write about. He didn't walk through life, he ran as fast as he could, doing everything his considerable imagination could invent. And he was taken away too early, reminding us all to ask ourselves if we, who are still lucky enough to be alive, use our time as we should.

The truth is that of the hundreds of stories I've written very few have produced the response that the one about Gaby Sassoon did, and not just from inside the Jewish community.

On March 23, one of Gaby's favourite causes, the

Jewish Youth Library of Ottawa, will be hosting a memorial dinner and Tree of Life dedication in his honour at Machzikei Hadas. Now you know why I'm planning to go.

Judy Feld Carr, known throughout the world for her lifesaving efforts to rescue the Jews of Syria, is the keynote speaker. Cantor Daniel Benlolo will sing. Funds will support the Jewish Youth Library, on whose board Gaby sat.

For tickets, to purchase leaves on the library's Tree of Life or for further information call Devora Caytak (729-7712).

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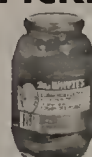


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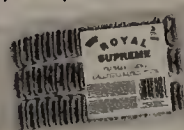


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Holocaust helped define Israeli astronaut Ramon's identity

By Bill Wohlgeherner

Being the son of an Auschwitz survivor was a defining part of astronaut Ilan Ramon's identity and the reason he chose to take with him to space something from that period, according to Avner Shalev, chairman of the Yad Vashem directorate.

Col Ramon was among the seven astronauts who perished during *Columbia's* reentry into the atmosphere.

"He approached us, because it was so central to his identity, not only the remembrance, but a very central part of his being, as a human being, as an

Israeli," Shalev said. "He was born here, he was a pilot, and the image of the mighty Israeli – the sabra – was part of him. Nevertheless, another part, a very central one, was the remembrance of the Shoah, as continuity to Jewish life and continuity to his own family."

Ramon expressed that identity, Shalev said, by taking not just one symbol of that era, but three: a small pencil drawing, titled "Moon Landscape," created by a 14-year-old Jewish boy during his incarceration in the Theresienstadt ghetto; a mezuzah ringed with bits of

barbed wire, symbolizing the spiritual resistance within the confining perimeters of Nazi concentration camps and ghettos; and a miniature Torah scroll that, along with its owner, survived the Bergen-Belsen concentration camp.

Shalev said the pencil drawing was not the original, contrary to various media reports.

"It was a copy – we wouldn't dare send the original, because they are so rare and unique for us," he said. "Even NASA regulations forbid it. So they gave us instructions exactly how to make and prepare the replica, and we did it. We also had a photograph of [the artist] Petr Ginz, which was sent with it, and Ilan took both of them."

Ramon had spoken of Ginz's science-fiction drawing while he was training at the Houston Space Center. "I feel that my journey fulfills the dream of Petr Ginz 58 years on," Ramon said. "A dream that is ultimate

proof of the greatness of the soul of a boy imprisoned within the ghetto walls, the walls of which could not conquer his spirit. Ginz's drawings, stored at Yad Vashem, are a testimony to the triumph of the spirit."

Yehudit Shendar, Yad Vashem's senior curator, had found the drawing about four months ago while searching for something appropriate for Ramon to take with him.

"I suggested that this should be the item that Ilan take to the space shuttle," Shendar said. "I think it was quite an easy choice – realizing that Ilan was going on a shuttle space flight, it was easy to connect between him and between Petr and the Jewish state. Looking from the moon to the earth, and I found it incredible that a young boy of 14 could envision the site that Ilan himself was about to see on his trip."

Ginz was deported to Auschwitz from Theresienstadt on September 28, 1944, and was immediately gassed upon arrival at Birkenau the next day. Ramon's mother, now 75, and his grandmother were liberated from Auschwitz on January 27, 1945.

"I know my flight is very symbolic for the people of Israel, especially the survivors, the Holocaust survivors," Ramon said numer-

ous times in the months leading up to his space mission. "Because I was born in Israel, many people will see this as a dream come true. I'm kind of the proof for my parents and their generation that whatever we've been fighting for in the last century is becoming true."

The mezuzah Ramon took with him into space had a silver-and-copper Star of David ringed with bits of barbed wire, a gift from San Francisco artist Aimee Golant, whose grandparents survived the Holocaust.

While training to become an astronaut, Ramon approached the 1939 Club of Los Angeles – whose members are Holocaust survivors – and expressed his desire to take a mezuzah into space, said Golant, whose grandparents also belong to the 1939 Club.

Ramon wanted no publicity about his special "space" mezuzah, Golant said. "He told me, 'The people who need to know about it, will know.'"

The miniature sefer Torah that Ramon carried with him was lent to him by Joachim Yosef, 71, an atmospheric physicist at Tel Aviv University who oversaw an Israeli experiment aboard the shuttle, and who is a survivor of Bergen-Belsen.

Yosef was given the

miniature Torah by an Amsterdam rabbi who shared his barracks in 1944. Yosef had just turned 13, and the rabbi secretly arranged a bar mitzvah ceremony at 4 a.m. in the prisoners' barracks.

"After the ceremony, he said, 'You take this, this scroll that you just read from, because I will not leave here alive. But you must promise me that if you get out, you'll tell the story,'" Yosef recalled.

The rabbi was killed two months later, and Yosef was freed from the camp in a prisoner exchange in 1945, one month before it was liberated by the Americans and British.

While at Yosef's home two years ago to discuss the space experiments, Ramon noticed the scroll and asked if he could take it, along with a journal of Yosef's, on the flight.

"He was deeply affected," Yosef said. "He almost cried. I feel now that I finally was able to fulfill my promise to Rabbi Dasberg 50 years ago."

While in space, Ramon showed the Torah to Prime Minister Ariel Sharon during a televised conference.

"This represents more than anything the ability of the Jewish people to survive despite everything from horrible periods," Ramon told Sharon.

– Jerusalem Post

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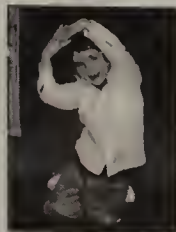
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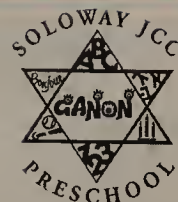
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to the attention of Jennifer deVries, Ganon Preschool Manager.





JEWISH NATIONAL FUND

More than trees

798-2411

Ottawa Jewry comes through once again

Well, it's all over but the shouting... and, once again, there's plenty to shout about. The 2003 Tu B'Shevat Telethon lived up to and even surpassed last year's incredible total. As always, Ottawa Jewry came through with flying colours, answering volunteer callers with a resounding Yes! when asked to purchase trees through Jewish National Fund.



Mark Klyman,
president

Telethon Day - Sunday, January 26 - dawned bright, crisp and beautiful. Co-chair Israel (Srul) Gencher started his day with an early morning visit to the Rideau Bakery to pick up the slew of delectable danish pastries being donated to JNF's callers by Ottawa's #1 kosher bakery. "The danish were still warm when I arrived at Telethon headquarters," says Srul. (Want to bet he sampled a couple on the way? And, who could blame him if he did!)

Telethon headquarters were located in the attractive Catherine street offices of The Regional Group. For many years, this venerable Ottawa realty company has generously donated full use of its offices, telephones and boardroom for JNF's annual community-wide, mid-winter appeal. While Srul retrieved the danish, Telethon Co-Chair Marcia Cantor was on 200 Catherine Street's 6th floor getting everything up and running for the volunteer army of callers whose start time was 10 am sharp. Eastern Region Director Mark Mendelson came from Montreal to lend a hand and Ottawa City Director Ketty Samel was there bright and early until well after the 6 pm finish.

The volunteers manned (and womanned!) the phones in two-hour shifts in an attempt to reach every single Jewish household in the city. And, heaven forbid this mighty crew should experience hunger pangs and have to slow down. Nosirree. As they diligently punched the numbers onto the telephone keypad, the callers munched on scrumptious deli sandwiches donated to the cause by Creative Kosher Catering's David Smith, washed 'em down with coffee and tea donated by Nine to Five Coffee Service, and finished up with a delightful danish from the Rideau Bakery.

A volunteer clean-up crew, under the able chairmanship of Naomi Cracower, devoted a Wednesday evening in early February to reach folks who were missed in the January 26 Telethon. Thank you, Ottawa. You came through again.

Trees purchased in the 2003 Telethon will be planted in Yad Le'Noflim (Memorial to the Fallen) Forest. The forest stands as a silent memorial to the innocent victims of terrorism since the inception of the new intifada in 2000.

A singular Bar Mitzvah

Mazal Tov and Yasher Koach to Alexander Kardash who celebrated his Bar Mitzvah recently. His proud mother, Margie Kardash, chose to add a meaningful dimension to the milestone in her son's life by inscribing his name in the Sefer Bar/Bat Mitzvah. The books are housed in a place of honour in the Jerusalem offices of KKL/JNF. Alexander is welcome to stop in to see the inscription whenever he is in Israel.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (798-2411).

Supreme court justice celebrates 100th birthday

Family plans celebration at Beth Tzedec Synagogue in Toronto

By Elin Bessner

On March 5, 2003, Ottawa native and Ontario's first Jewish Supreme Court Justice, the Honourable Abraham "Abe" Lief, will celebrate 100 years of a wonderful life.

Beth Tzedec Synagogue in Toronto, and Lief's family and friends, are holding a special weekend simcha and reunion to commemorate this milestone. There will be a special Shabbat morning Kiddush on Saturday March 8, 2003. As well, a *Siyum Hatorah* (dedication of a new Torah scroll) ceremony is set for Sunday morning, March 9, 2003, also at Beth Tzedec Synagogue.

Lief met his wife, the former Sadie Lazarovitz, at a Young Judea convention in Ottawa. Following Sadie's graduation in law from McGill in 1928 and her call to the Nova Scotia Bar in 1929, they were married in September 1929, and were married for almost 70 years, until her death in 1999. They have two daughters, five grandchildren and seven great-grandchildren.

Abe Lief began his career as a sole practitioner in Ottawa, and later practised with his youngest brother Joseph Lief. He later became an assistant crown attorney, 1935-37; solicitor for the Ontario Agricultural Development Board, 1934-43; and magistrate for Carleton County, 1939-46. In 1948, he was named king's counsel, and in 1963 he was appointed justice of the Supreme Court of Ontario, the first Jew to be so honoured. The Liefs moved to Toronto in 1963 to take up the new position.

On the bench, Lief was known as a kind, and grandfatherly judge, who took a special interest in family law cases, and those involving children. He helped organize the Family Law Division of the Supreme Court of Ontario in 1975.

After Lief retired at age 75 in 1978, in recognition of his efforts, the Canadian Bar Association established the annual Lief Award in Family Law for the finest legal essay

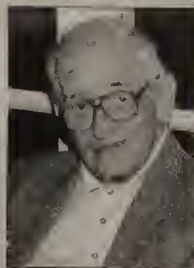
in the field. In his honour, the Ontario Court of Justice dedicated the Lief Room in Toronto, for conferences of Family Law judges. He remained active until age 88 as a part-time referee, commissioner and deputy judge, where he instituted pre-trial conferences to try to settle contested divorces.

Lief grew up in an observant home and was active in Agudath Achim Congregation until 1941, when he moved to the west end. He began the effort to establish Ottawa's first conservative synagogue, Agudath Israel, and served as its President for 17 years. He maintains a close relationship with Agudath Israel. Agudath Israel established the A. H. Lief Cultural Fund in his honour some years ago, and Mr. Lief set up the Sadie Lief Judaic Software Fund in the Agudath Israel library. They also donated a stained glass window (Sukkot and Simchat Torah) in the Agudath Israel sanctuary.

An ardent Zionist, he led a Young Judea group, and was active in and held leadership positions in Keren Hayesod, United Jewish Appeal, Israel Bonds, and Jewish National Fund, among others. He was president of the Ottawa Vaad Ha'Ir, and served as vice-president of the United Synagogue.

Lief was a member of the board of trustees of the Jewish Theological Seminary and has been an active supporter of intensive Jewish education and Camp Ramah. He has been the recipient of numerous awards and honours.

Most recently, on June 4, 2001 at a ceremony in Toronto, he was one of the three honorees named by the Rabbinical Assembly (represent-



The Hon. A.H. Lief

exercise. He would pray for wisdom before ascending to his judicial chair and always kept a *Humash* on the bench.

Lief has just completed his sixth volume of memoirs, entitled *Gathering Rosebuds*, vol. 6, in which he recalls the early days of the Ottawa synagogues. His papers, works and memorabilia are deposited with the National Archives of Canada and the Ottawa Jewish Archives.

Donations in honour of Abe Lief are being made towards a grove of trees to be planted in the Canada Israel Friendship Forest, through the Jewish National Fund (416-638-7200, ext.23). For further information about the simcha, contact Elin Bessner (905-508-1921 or email ebessner@ctv.ca).

ing over 1,500 Conservative and Masorti rabbis) for outstanding contributions to Canadian Jewry.

Lief often said that if he had not entered law, he would have become a rabbi. He views the act of judging as a religious and spiritual

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VAAD Report

**L. Gerald Levitz
President**

The Jewish community's success is significantly enhanced by volunteers who devote incredible time and energy to supporting Jewish causes in Ottawa. There are many volunteers in the Jewish community who make their contributions, not in a high profile leadership position, but in a hands-on, direct-action mode. They are the unsung heroes of our community. They perform incredible services to help Jews and the only reward they get is the satisfaction of doing a mitzvah.

The Vaad Ha'Ir has launched a new community award to honour outstanding volunteers who have made a contribution to the betterment of Jewish life in Ottawa over many years of service. The *Shem Tov Community Volunteer Award* will be presented for the first time at the Vaad Ha'Ir's annual meeting in early June, along with the existing Gilbert Greenberg Distinguished Service Award and the Freiman Family Young Leadership Award.

The Freiman Family Young Leadership Award recognizes a person under the age of 40 who has made a significant contribution to the Ottawa Jewish community, and the Gilbert Greenberg Distinguished Service Award recognizes an

individual for exceptional leadership over many years of service to the community.

The *Shem Tov Community Volunteer Award* will honour outstanding volunteer service – not necessarily in a leadership position. The new award will honour individuals who made a volunteer contribution to several areas of Jewish life in Ottawa including agencies, schools, synagogues, national and Israel based organizations, UJA, the Foundation and the Vaad Ha'Ir. The nominating committee for the *Shem Tov Award* will include representatives of agencies, synagogues, the Board of Trustees and a community rabbi.

Shem tov means a good name. Those individuals who will receive this prestigious award will have earned a good name through their dedication and acts of *chesed*. Rabbi Shimon said, "There are three crowns: the crown of Torah, the crown of priesthood, and the crown of kingship; but the crown of a good name excels them all."

The work of the nominating committees for all the community awards is greatly enhanced when there are many worthy candidates. I encourage the community members to think about who deserves to be nominated for any of the three awards, and to send in a recommendation. We have standardized the nominating process for all three awards and

will now accept nominations throughout the year solicited through the *Ottawa Jewish Bulletin*, www.jewishottawa.org and a brochure that will be distributed throughout the community. Nominations will be considered for the year they are sent in as well as the following year. There is no limit on the number of times an individual can be nominated.

Please take the time to consider who in our community deserves to receive any of the three awards and send in a nomination letter.

If you require further information or guidance in make a nomination, please

contact Gabe Meranda, director of communications and community relations (798-4696, ext. 255).

Together we can help honour the people who make our community thrive.

On behalf of the Officers of the Vaad Ha'Ir, I would like to congratulate Zeev Vered who has been awarded the Order of Canada. Zeev is a past joint winner of the Gilbert Greenberg Distinguished Service Award and has been a strong supporter of the Jewish community since he moved to Ottawa. Mazal tov to Zeev and his family on this deserving honour.

bulletin

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How I see it

Bob Dale

In the early morning hours of Sunday, January 19, somebody tried to burn the Jewish Youth Library down. If they had succeeded, it would have put an end to a project to which Devora and Yosef Caytak have devoted some 22 years of their lives.

Let me explain. When the Caytaks first arrived in Ottawa, they had no children. To pass the time, the Caytaks started to gather books in their basement, under the premise that if they eventually collected enough, they could start a library.

"Every time we had a visitor," recalls Devora, "Yosef would ask them if they wanted to see our books." Puzzled, most would consent, only to be led downstairs and be shown the Caytak's collection, piled in an ever-increasing number of boxes. "Yosef would tell them that he was thinking of starting a library," says Devora, "and they would look at him, smile, and back away a few steps. You could tell that they thought he was crazy."

Jewish Youth Library a mainstay of our community

Not good when you're trying to make a good impression on your new neighbours or trying to attract patients to a new medical practice (as Yosef, a physician, was then attempting to do).

The Caytaks now have 12 children, ranging in age from 5 months to 21 years, and naturally have lots of things on their plate. A main one is the JYL, the outgrowth of the Caytak's book collection project. It has become a mainstay of Ottawa's Jewish community, and is a beneficiary agency of the UJA. Virtually everybody knows about the library, not only because of its collection of 8,000 books and tapes, but also because of its nursery school, its day camps, and its many other programs.

Ironically, the JYL started on little more than a wing and a prayer. Actually, given the Caytak's deep commitment to the Lubavitch movement, I should probably drop the word "wing" and stick with the word "prayer." Their founding of the JYL in 1983 (after their book collection had grown "big enough"), their purchase of the library building in 1989, and their development of innovative Jewish programming have all been overwhelmingly influenced by their desire to educate Jews about Judaism, something the Lubavitch move-

ment strongly emphasizes.

"In real estate, the three main factors are location, location, location," says Devora. "In Judaism, the three main factors are education, education, education. That's what drives us to do what we do."

That's what drove them to formally incorporate the JYL as a non-profit, charitable organization, even though they had virtually no money in the bank. Devora gives full credit to their friend Joel Diena, who had connections to funding sources in Toronto. Through them, the JYL secured a no-interest loan (which was later paid off, in full) as seed money. Over the years, other people, including many in Ottawa, have made generous contributions, helping the library fund and expand its building and activities.

That's the good news. The bad news is that on that fateful Sunday morning in January, somebody maliciously poured kerosene over the exterior back wall of the JYL, and lit a match. Fortunately, the fire alarm went off, but not before some \$7,000 in damage had been done. No books were harmed, but the Caytaks are a bit shaken by what appears to have been an anti-Semitic act. The library's insurance policy will cover the damage. But there will be addi-

tional costs the JYL will have to fund on its own, like the costs of installing outdoor surveillance cameras, and higher insurance premiums. The JYL operates on a tight budget, so it won't be easy.

Even before the fire, the JYL was planning a fundraiser, a Tree of Life Dedication to Gaby Sassoon, a former JYL board member and a huge supporter of the library. The Caytaks hope that the money the JYL collects from this tribute to Gaby, who passed away last year, will help sustain and expand Jewish learning in Ottawa. "That's what Gaby would have wanted," says Devora.

The keynote speaker for this event, which will take place on March 23 at Congregation Machzikei Hadas, will be Judy Feld Carr. She was instrumental in rescuing thousands of Jews from Syria, including some of Gaby's relatives.

Given the fire, the tribute will now be even more important to the JYL's ongoing success. I strongly urge you to attend, and not only to support the JYL. Attending this function is an important way of showing the anti-Semites among us that every time they push us; we'll push back even harder. That's what Gaby Sassoon would have wanted.



Editor

Barry Fishman

"The quiet that envelops space makes the beauty even more powerful. And I hope that the quiet will one day spread to my country."

Colonel Ilan Ramon,
e-mail from outer space

At the memorial service for the seven *Columbia* astronauts, Israeli Ambassador Haim Devon described Colonel Ilan Ramon, as a "true expression of the State of Israel and the Jewish people."

Ramon, the son of Holocaust survivors, never forgot where he came from and who he represented. On his voyage in space, Ramon carried a miniature sefer torah that belonged to a survivor of Bergen Belsen, ate kosher food, celebrated Shabbat, listened to Hebrew music and, when flying over Jerusalem, said the *Shema Israel*. "From the lowest ebb of humanity (Shoah) to soaring high up into the cutting edge of science and technology," the ambassador said, is the story of Ramon, the Jewish people and Israel.

Yet Ramon did not just see himself as a representative of Israel and the Jewish people, but rather as a representative of the entire region. Ramon, said the ambassador, "was looking ahead to an era of co-operation, to an era of better understanding and for a better future for the younger generation" in the Middle East.

Despite the cold, snowy, windy evening,

Columbia astronauts remembered at local memorial ceremony



Dignitaries offer their prayers and sympathies at the memorial to the *Columbia* astronauts.
(Photo: Peter Waiser Photography)

over 250 people of different faiths attended the memorial service for the seven astronauts of *Columbia* at Congregation Machzikei Hadas. They were there, said Gurbachan Singh of the Indian Embassy to "celebrate their achievements" and mourn their loss.

The evening began with the lighting of the menorah in memory of the astronauts. The seven candles were lit by: the Right Honourable Herb Gray and the Minister of National Revenue the Honourable Elinor Caplan, representing the prime minister; US Ambassador Paul Celucci; Israeli Ambassador Haim Divon; Political Counsellor High Commission to the Republic of India Gurbachan Singh; Vaad Ha'Ir President Gerald Levitz; Senior Vice-President of the

Canadian Space Agency Pierre Richard; and Amir Gil-Or, representing the children of Israel and Canada.

The multi-faith service offered prayers and psalms by Archbishop M. Gervais, Bishop P. Coffin, Pandit M. Sahasrabudhe, Rabbi H. Finkelstein, Rabbi S. Garten and Rabbi R. Bulka.

One of the more moving eulogies to the seven astronauts was given by Pierre Richard who said "all of us who make space our life work are profoundly shocked by the loss of *Columbia*." He described the special bond the Canadian Space Agency had with the astronauts and especially the close personal family ties between Colonel Ilan Ramon and Canadian astronaut Steve MacLean. The two families spent hours

together camping, canoeing and hiking. In fact, Ramon made MacLean his casualty assistance officer – the person designated to assist loved ones in case of emergencies.

Unfortunately, on that fateful Saturday, MacLean was called upon not only in the name of duty, but friendship. "Both families came together as they have often in the past, and drew upon each other for the strength to find solace in a time of need," said Richard. He concluded by saying, "Tonight, let us turn our hearts to remembrance. Let us draw upon the exuberance that characterized Ilan's life as a source of inspiration and courage for us all. Let us honour him by remembering his spirit, passion for his family, faith and homeland."

Rabbi Reuven Bulka summed up what Ramon and the other astronauts stood for: "Long live the spirit of exploration. Outer space is a place of peace because when you are out there and you look down and see how small we are in this vast universe, everything takes on a different perspective. May that perspective continue to inform the way we work together to make this world a better place."

And when all is said and done, making the world a better place would be the most fitting memorial to the brave men and women of *Columbia*.

UJA Federations Canada has set up a memorial fund in the name of Colonel Ilan Ramon. For information, contact UJA Ottawa (798-4696)



From the pulpit

Rabbi Howard Finkelstein
Beth Shalom West

Do the events of the Bible have to be confirmed by archaeological evidence in order for them to be valid? There seems to be this mad rush to find corroborating evidence to establish the authenticity of the existence of the Temple in order to fend off Palestinian claims to the contrary. The secular and Jewish media have reported on the excitement engendered by the discovery of a stone plaque dating from the time of King Joash of Judah, the message of which stands strikingly similar to a biblical phrase found in Kings II. Almost simultaneously, the naysayers declare the plaque to be a forgery.

My reaction: Who cares? I feel no need to have to justify my belief and acceptance of the existence of the Temple Mount to anyone, least of all to those who hope to make political hay out of it. For those of our coreligionists who need this type of confirmation, then one must conclude that their faith in our past and in our heritage is faulty to

Faith based on Divine Revelation, not archaeology

say the least.

I remember years ago as a rabbi in Kingston, Ontario, a professor from an Israeli university addressed the Jewish community in regard to the Exodus from Egypt and made the following amazing declaration:

"I have conducted several archeological digs at the ancient highway connecting Egypt to Canaan, and have found no proof of any kind that the Hebrews travelled along that route. Therefore, there could be no Exodus."

As the audience oohed and ahhed at this startling announcement, ready to almost abandon all of their Passover preparations, I reminded the learned professor that the Torah itself had stated openly at the beginning of *Beshalach* that *Hashem* did not take them along that route, but directed them toward the Red Sea. Needless to say, I was not very popular that evening, especially with the visitor from Israel.

The challenges against Torah authenticity, and for that matter, biblical veracity, have been going on for many years. Ideological movements in the Jewish community have predicated their foundations of belief on a lack of belief in the authenticity of biblical events. Consider the controversial statements by a rabbi in California who last year on the

first night of Passover declared to his congregation that there never was an Exodus. Imagine his congregants' conversation at the Seder table that evening as they sat around the table eating matzah and bitter herbs, commemorating something that did not occur.

What about Shavuot? How do those who claim that the Torah is man-made celebrate the giving of the Torah at Mount Sinai?

This desire to mythologize all that is sacred, authentic and true, serves as fodder for the enemy who desires to deprive us of not only our land, but also our history and our faith. It is no wonder that the rabbis relate in the beginning of Tractate *Avodah Zarah* that the nations of the world stand before God, and declare solemnly before Him that the Jews are not faithful to the Torah. The acceptance of revisionist thinking meant to undermine the foundations of our faith only buttresses the claims of our enemies.

In a recent article in the *Ottawa Citizen*, David Warren drives home the point that if the Jewish people are not firmly convinced and persuaded as their rightful claims to the land of Israel, the Palestinians who are convinced of their cause will triumph.

As an extension, I would apply Mr. War-

ren's incisive remarks to our faith and our history as well.

There is no way possible to convince young Jewish people of the authenticity of their faith if all our history is myth. Mythology implies falsehood. There is no possibility of enticing people to follow a life of Torah observance if that Torah is man-made and is not God-given. Our faith is based on the Divine Revelation that took place at Mount Sinai, and does not require archeological confirmation.

Unlike the Temple Mount, which is known to us and is ironically challenged as to its Jewish connection, Mount Sinai is an unknown and relatively unimportant geographic location. What takes place there is important; where it is, is not.

Archeological evidence, present or unavailable, does not and should not deter from religious acceptance.

While we applaud the archeological discovery of artifacts that "corroborate" biblical accounts, we do not base our faith on those findings. Confirmation should not be based on external discoveries of shards and pottery, but it should be predicated on the internal affirmation of that interrelated structure that cannot be severed: Hasidim, Israel and Torah.

Blame: Israeli voters want changes in political system

(Continued from page 1)
ing a Palestinian partner willing to accept the existence of a neighbouring Jewish state.

Yasser Arafat tried to interfere in the elections by calling on the voters to support the leftist parties.

His call had no resonance, and no influence. He could have made a difference with an unequivocal statement recognizing Israel's right to exist, along with a call to resume the negotiations.

But the Palestinian lead-

ership did not such thing. On the contrary – all the messages we received spoke of continuing to struggle for the destruction of Israel.

The rise of Shinui should not be attributed solely to broad support for its anti-haredi platform. The party's success is tied to its name, which means, "change."

A growing segment of the Israeli public wants to see a change in the political system. Voters expressed this desire, paradoxically, in two ways: They stayed home or voted for Shinui.

A third of eligible voters didn't go to the polls. Non-voters believe they can make no difference in the political system. Many say they don't see a real difference between the parties.

Alienation also explains why a large number of undecided voters waited until the last minute to vote. These were not people who didn't have positions, but people who

couldn't find anyone to represent them.

Those who cast ballots for Shinui did so because Shinui does not carry any responsibility for misgoverning the country. The party has been consistent throughout the nearly four years it served in the 15th Knesset.

Moreover, its central plank cannot be ignored. It is committed to fighting the political system's capitulation to the extortion of the haredi parties.

This analysis of the election contains a message for both the Palestinian and Israeli leaderships. If the Palestinians don't offer a peace alternative, they will push the vast majority of Israelis into a violent struggle – a struggle in which either the Jews or the Palestinians survive in the Land of Israel.

On the other hand, if our elected officials do not change their modus operandi – and quickly –

they will increase the public's confusion, aversion and frustration. And that is a simple recipe for ending Israeli democracy.

The writer is a former head of military intelligence and a director of The Jerusalem Post.

(c) Jerusalem Post

In Appreciation

We wish to extend heartfelt appreciation and thanks to family, friends and acquaintances for their acts of kindness and sympathy at the loss of our beloved husband, father and grandfather Robert (Rube) Berezin. Your charitable donations, meals, long distance calls, cards, visits and comfort foods were of great support to us during this difficult time. Please accept this as a personal thank you for your thoughtfulness.

Tami, Gary, Susan (Danoff) and Gord Berezin



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Knesset Election Results January 28, 2003

Party	Seats in the Knesset (of 120)	%
Likud	38	29.4
Labor-Meimad	19	14.5
Shinui	15	12.3
Shas	11	8.2
National Unity	7	5.5
Meretz	6	5.2
NRP	6	4.2
Torah Judaism	5	4.3
Hadash	3	3.0
Am Ehad	3	2.8
Balad	3	2.3
Yisrael Ba'aliya	2	2.2
United Arab List	2	2.1

(Courtesy Israeli Ministry of Foreign Affairs)

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Where are they now?

From JCC Theatreworks to Stratford stage

By Lauren Krugel

It's a few days before opening night of *The Winters Tale* at the National Arts Centre and a phone interview is probably the last thing Jennifer Gould has time for.

Nonetheless, she accepts graciously while apologizing for being a little scatter-brained. Who wouldn't be? Rehearsing all day while taking care of her 3-year-old daughter, Shoshona has got to be exhausting. Little Shoshona's squeals and giggles are audible through the receiver.

"Life's hectic," Gould explained. "It's a juggling act."

From JCC Theatreworks as a teen, to venues as prestigious as Stratford and the National Arts Centre, Gould's love of the stage and

unwavering energy can be attributed to her father, Robert.

Robert brought his then 10-year-old daughter along to an audition for an Orpheus Operatic Society production of *The Music Man*. Both father and daughter walked away with roles. From that moment, Gould was hooked.

One could even say a love for theatre is a Gould-family trait, as both of her older siblings Adrienne and Jonathan have also gravitated toward the stage.

"It was a very noisy household," recalls Gould of her childhood in Ottawa. She remembers every member of her family belting out songs or rehearsing lines while wandering around the house.

Although she was born in Montreal, Gould spent most

of her younger years in Ottawa. As a teen, she choreographed a production of *Fiddler on the Roof*. The following year, she played the role of Audrey, a squeaky-voiced blonde bombshell in the musical, *Little Shop of Horrors*.

Gould was one of a very select few to be accepted in to York University's theatre program where she further developed her craft. She went on to serve as an apprentice at Stratford — a place where she would soon enjoy life in the spotlight.

"I worked my way up," she said. "The parts kept getting bigger and bigger as the years went on."

Gould said she adores acting in both classic plays and musicals equally. She said the requirements are surpris-

ingly similar. Besides being quite physically intensive, Gould said they both "require the same amount of acting work."

"I approach the role in the same way. I find the truth in the character."

When asked what her favorite play is, Gould struggled for several moments to decide. Finally, she declared there are far too many good plays for her to choose from.

However, she said she is thrilled to be playing the role of Gigi in the play of the same name this summer at Stratford. She will also be playing Esmerelda in an adaptation of *The Hunchback of Notre Dame* at the festival.

Gould is currently playing the role of Perdita in *The Winter's Tale*, one of Shakespeare's later and more



Jennifer Gould

obscure plays.

Perdita is an "ingenue role," said Gould. "She is sure of herself in a more innocent way. She has a

strong belief in the world."

Gigi opens May 29 and *The Hunchback of Notre Dame* May 30 at the Avon Theatre in Stratford.

Important Message for Canada's Permanent Residents

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If you are a permanent resident travelling abroad without a valid PR Card as of **December 31, 2003**, you may not be permitted to board an airplane, boat, train or bus back to Canada. You may be referred to the closest Canadian embassy or consulate to obtain a limited use travel document. This may result in travel delays and extra costs for you.

♦ **Becoming Canadian:** Many permanent residents who can become Canadian citizens are encouraged to apply for their citizenship.

♦ **How to get your PR Card:** Application kits are available through Citizenship and Immigration Canada's web site (www.cic.gc.ca) or by calling the PR Card Call Centre (1 800 255-4541).

Applications are being processed based on your year of landing. Check the chart to see in which month you should apply, and apply early. For example, if your year of landing was 1998, you should submit your application on May 1, 2003.

YEAR OF LANDING	WHEN TO SUBMIT YOUR APPLICATION
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1996 - 1999	May 2003
1992 - 1995	June 2003
1988 - 1991	July 2003
1980 - 1987	August 2003
1973 - 1979	September 2003
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Canada

Election reflections: voters call for unity and the rejection of Oslo

By Stewart Weiss

If there is any one "theme" that seems to run through this year's election, it is a desire on the part of the nation to seek unity, and to reject, once and for all, the ill-fated Oslo process.

Voters rewarded Ariel Sharon for his steadfast commitment to a unity government and for his refusal to go soft on Palestinian terrorism. At the same time, Amram Mitzna and Labor were punished for having brought down the previous government, and for defiantly clinging – against all logic and sanity – to their failed vision of the peace process.

Yosef Lapid's Shinui fac-

tion also capitalized on this national sentiment, promising to join with almost any party after the election to form a ruling coalition. Despite Lapid's paranoiac and hateful obsession with the haredi parties, one suspects he would join with them too if the price was right.

Lapid also tempered his leftist tendencies – and curried favor with the voters – by declaring that Yasser Arafat would be held strictly accountable for his acts of terror and would not be given carte blanche to continue running his killing network, à la Labor and Meretz.

How low can you go? Rather than turn out, voters

tuned out at the polls, as only 64 per cent of the eligible electorate bothered to cast ballots. It was the lowest figure in Israeli history, almost 8 per cent lower than the last Knesset election in 1999. This unsettling trend in apathy could eventually result in a scenario whereby half the population decides the fate of the entire nation.

While that may be the price we pay for democracy – in totalitarian states like Iraq, voter turnout is closer to 98 per cent – we still need to be creative and brainstorm ways to bring the people out.

Some favor a punitive approach, such as exists in Australia, where non-voters are fined for their non-participation. But we might consider the carrot rather than the stick, offering a NIS 100 tax credit or reduction in that month's property tax to all who do their civic duty.

Heck, I'd settle for a free falafel!

Cast your blame upon the nation. In most civilized countries the losers in an



Shinui party leader Yosef Lapid on the campaign trail.
(Photo: Ariel Jerolimski, JP)

election 'fess up to their failings and contritely accept the will of the people. Not here. Though Labor suffered its most humiliating defeat ever and Meretz's decline was so drastic as to prompt Yossi Sarid's resignation, neither party had the integrity to concede that they lost because they were out of touch with the needs and sentiments of Mr. and Mrs. Israeli.

Both Mitzna and Sarid excoriated the public for having chosen Sharon (again), and they arrogantly vowed to remain outside the government in vehement opposition. Their new campaign slogan, it would appear, is, "The people have

spoken – foolishly!"

When Bush comes to shove. The "silent candidate" in the election was US President George W. Bush. A significant segment of the population was surely thinking about the impending war with Iraq, and the courageous example Bush has demonstrated in his unflagging determination since September 11 to identify evil and eradicate it.

Bush's burning desire to confront Saddam – even if it means opposing world opinion – must certainly have strengthened Sharon, who is widely viewed as the man most likely to stand up to Palestinian terror, in defiance of Arafat's buddies in

Europe and the UN.

Now, if only George could clone a few like himself and send them over here...

Where there's smoke, there's fire. Hmm. I wonder what the members of the Green Leaf Party – having failed to pass the threshold for the second straight election – are doing to forget their sorrows and worries?

Nice guys finish last. For this writer, and many other Anglos, the resignation of Natan Sharansky following his party's poor showing is a bitter pill to swallow. Arguably the most moral, clean and decent politician in Israel, Sharansky is a genuine hero of the Jewish people. We desperately need his courage and clarity in the days ahead. So here's hoping Natan stays active and involved.

Remember, Natan: "It's not the size of the man in the fight – it's the size of the fight in the man."

Jerusalem Post

Editor's note: Sharansky was recently appointed minister in charge of Diaspora affairs and Jerusalem affairs in the new government and will also be a member of any peace negotiating team.

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Soloway Jewish Community Centre

Spring/Summer Program Guide

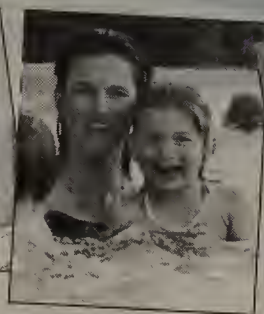
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The Centre of Your Life



Your Homeland, Your Home



**Priority Registration for Members
and Benefactors February 17 - 28**

Registration for Non-Members starts March 2

**Soloway Jewish Community Centre
The Joseph and Rose Ages Family Building
21 Nadolny Sachs Private, Ottawa, Ontario K2A 1R9
Tel: (613) 798-9818 • Fax: (613) 798-9839**

Email: sjcc@jccottawa.com • www.jccottawa.com

Supplement to the Ottawa Jewish Bulletin



Hours of Operation

SUNDAY
8:00am-8:00pm

Monday-Thursday
6:00am-10:00pm

FRIDAY
January 1-31
6:00am-3:00pm

February 7-28
6:00am-4:00pm

March 7-April 18
6:00am-5:00pm

April 25-August 29
6:00am-6:00pm

SATURDAY
January 4-February 1
6:00pm-10:00pm

February 8-March 15
7:00pm-10:00pm

March 22 - on
Closed

THE SJCC IS CLOSED
PASSOVER

April 16 - closes at 4:00pm
Closed April 17-18

April 22 - closes at 4:00pm
Closed April 23-24
SHAVUOT

June 5 - closes at 4:00pm
Closed June 6

Two Easy Ways to Register for Programs at the Soloway JCC:

In Person: Drop by the Member and Guest Services Desk at the SJCC to pick up your registration form and/or sign up.
By Phone: Call 798-9818 ext 295 or 288 to register over the phone using a credit card.

SJCC Room Rentals

The Soloway JCC has facilities for social, business and recreational functions. Choose from the Nathan, David and Max Zelikovitz Families Social Hall, the Hy Hochberg Community Boardroom or any of our other many spaces to fit your budget and your needs. Rooms are equipped with tables and chairs and there is a caterer on site. Ample free parking is available throughout the campus. For more information contact Assistant Building Manager Brenda Schafer at 798-9818 ext 265, bschafer@jccottawa.com.



The community celebrates Yom Ha'Atzmaut at the SJCC.

Jewish Holidays

Tu B'Shevat	January 18	Yom Ha'Zikaron	May 6
Fast of Esther	March 17	Yom Ha'atzmaut	May 7
Purim	March 18	Lag B'Omer	May 20
Erev Pesach	April 16	Shavuot	June 6-7*
Pesach 1st & 2nd	April 17-18	Fast of 17 of Tammuz	July 17
Pesach 7th & 8th	April 23-24*	Fast of 10th of Nisan	August 7
Yom Hashoah	April 29		

* Yiskor

Special Events

March 16, 1:00-3:00pm
SJCC, JET Purim Carnival
SJCC Day Camp Open House

March 17

The Heart and Stroke Foundation
Annual Fitness Fundraiser

April 28, 7:30pm

Yom HaShoah
Holocaust Remembrance Day

April 29, 7:30pm

Yom Ha'Atzmaut
Israel's Independence Day

April 30, 10:00am

Yom Ha'Atzmaut - Flag Raising Ceremony

May 20, 4:00-6:00pm

Lag B'Omer

June 1, 1:00-3:00pm

SJCC, JET Shavuot Holiday Spirit Program

Sunday, June 8

Die Folkshpieler, SJCC Yiddish Players
Present "Alles in Eynmen"

June 12

Hillel Academy/SJCC
Desert Classic Golf Tournament

How to Reach Us

Phone: 798-9818

Fax: 798-9839

Chair of the Board:
Lawrence Silber
President and COO:
Linda Kerzner

Aquatics	ext. 377
Athletics & Leagues	ext. 267
Community Calendar	ext. 265
Day Camp	ext. 265
Fitness & Aerobics	ext. 278
Fundraising	ext. 444
Ganon	ext. 280
JET	ext. 247
Library	ext. 245
Member &	
Guest Services	ext. 295
NCSY	ext. 306
Adult Programming	ext. 263
Program Registration	ext. 295
Room Bookings	ext. 265
Teen/Youth Programs	ext. 303
Theatre Arts	ext. 243
Vered Israel Cultural &	
Educational Programs	ext. 276
Viva's	ext. 281
We-Hear-You Hotline	ext. 888

Jewish Community Centre of Ottawa Summer Camps

For The Summer of Your Life!

Day Camps

Session 1: June 30-July 18
Session 2: July 21-August 1
Session 3: August 4-August 15

Hapoei Sports Camp

Session 1: June 30-July 23
Session 2: July 24-August 15

Specialty Camps

August 18-29

Girl Power Adventure Camp,
Maccabi Ottawa Basketball Camp,
Scuba and Water Adventure Camp,
Hapoei Ottawa Hockey Camp.

*Open House March 16,
1:00 at the SJCC

For more information call the Jewish Community
Centre of Ottawa Summer Camps

Jewish Community Centre of Ottawa Summer Camps
The Joseph and Rose Ages Family Building
21 Nadolny Sachs Private Ottawa, Ontario K2A 1R9
Tel: (613) 798-9818 Fax: (613) 798-9839
Email: jcc@jccottawa.com Web: www.jccottawa.com

For more information call the Jewish Community
Centre of Ottawa Summer Camps
Executive Director Jon Braun at 798-9818 ext 267



ADULT PROGRAMS

Director of Programming: Maxine Miska, ext. 263, mmiska@jccottawa.com
Adult Programming Assistant: Rena Herman, ext. 243, rherman@jccottawa.com

Drop-in Bridge

A joint program of the SJCC and AJA 50+
 An afternoon of cards and conversation.
 Fitness for the mind.
 For more information, call Maxine Miska
 at 798-9818 ext. 263.
 Thursday 1:00 pm, ongoing.

The Friendship Club

A social gathering for older adults.
 For over 50 years the SJCC has been privileged to host a weekly social club. Each month a delicious kosher luncheon is served, everyone plays bingo, watches films, goes on trips, and begins the week with a circle of friends.
 For more information, call Rena Herman at 798-9818 ext. 243.
 Monday 12:00-2:00pm (ongoing)
 \$18 M \$36 NM (yearly)
 No club on May 19, August 1
 Code: FSC1001

Conversational Hebrew

Learn modern Israeli Hebrew. Levels are determined by class composition.
 Thursday 7:30-9:00 pm
 March 20-June 12
 Instructor: Ilana Brownstein
 \$50 M \$70NM
 No classes on April 17, 24, and June 5
 Code: HPB3001

Outdoors Club

Be active! Be adventurous! Be part of the SJCC Outdoors Club and fill your spare time with vigorous, fun activities. Rock climbing, canoeing, curling, biking, hiking, volleyball, even bowling - something new every few weeks. Send your e-mail to Maxine Miska (to get notification of all activities) or call 798-9818 ext. 263.

Tallit Weaving

Make your own unique tallit, kephah and/or tallit bag. A wonderful gift for a child or grand child! Master weaver Shirley Browsky guides you through the process. Looms are often booked up in advance, so sign up well before your simcha. The hand-woven tallit takes just six weeks to make, but lasts a life time. To book a class, call Maxine Miska at 798-9818 ext. 263
 Ongoing in 6-week sessions.
 Thursday 6:00-9:00pm
 Instructor: Shirley Browsky
 Cost varies with size of tallit.

Mitzvah Knitters

Every Wednesday, knitters gather to create afghans, shrugs, sweaters, toques and slippers for a variety of good causes: Hillel Lodge, the Children's Aid Society and Jewish Family Services. The wool is donated, as are the knitters' time and skill. If you love to knit, join us for coffee, tea, cookies and conversation.
 Wednesday 2:00-4:00pm.
 No class on April 23
 Free M NM
 Donation requested to pay for wool and other materials.

Shira Ottawa Choir

Directed by Cantor Daniel Benlolo, the Shira Ottawa Choir sings a wide repertoire of songs in Ladino, Yiddish, Hebrew, English and French. The choir performed for Queen Elizabeth during her royal visit and is planning an exchange with a choir in France.
 Join the choir and sing for the most elite audiences. New admissions are subject to choir requirements as determined by Cantor Benlolo.
 Wednesdays 8:00-10:00pm (ongoing)
 Instructor: Cantor Daniel Benlolo
 No class: April 23
 \$200 M \$250 NM yearly fee
 Code: SHI1001

Yiddish

Learn (or practice) the language which expresses the inexpressible and has sustained Ashkenazi Jewry with humour and poignancy. Lea Kalin, a teacher with many years experience brings the essence of "Yiddishkeit" to each class.

March 24- May 19
 Mondays 7:30-9:30pm
 Instructor: Lea Kalin
 No class on April 28
 \$100M \$130 NM
 Code: YID3001

Adult Ballet

No fitness fad can ever match the enduring loveliness and precision of ballet. It improves body shape, posture and muscle control. Study the Kirov technique with Kirill Chour, a graduate of the world renowned Vaganova Ballet Academy in St. Petersburg.
 March 20 - June 5
 Thursday 5:30 - 6:30pm
 Instructor: Kirill Chour
 \$70 M \$85 NM
 No class on April 17, 24, June 5
 Code: BAA3001

Ballroom Dancin'

Steal the spotlight at the next family simcha! Perfect for beginners and those who want to polish their routines. Learn various dances like the fox trot, waltz, swing, meringue, cha-cha, samba and rhumba.
 March 20 - May 29
 Thursday 7:15-8:15pm
 Instructor: Yvonne MacLeod
 \$100/couple M \$130/couple NM
 No class on April 17 and 24
 Code: BLD3001

Creative Connections

The SJCC and AJA 50+ welcome you to Creative Connections, a full-day of recreational and social programs at the SJCC for people over 50. The program runs from 9:30am to 2:45pm and features discussions, exercise, movies and a chance to meet new people. Transportation can be arranged. For more information call Maxine Miska at 798-9818 ext. 263. Support for this program is provided by the City of Ottawa People Services Department.
 March 11 - April 8
 Tuesday 9:30am - 3:00pm
 \$15 For members of SJCC and AJA 50+ only.
 Another session begins after Passover.

NEW!

Jewish Paper Cuts

The art of paper cutting - a Jewish tradition. Discover the beautiful craft of creating lace-like paper cuts with Jewish motifs. Create a decoration for a sukkah or a mizrah to hang on your eastern wall and many other projects.
 March 18 - May 20
 Tuesday 7:30 - 9:00pm
 Instructor: Aranyani Rosen
 \$50 M \$75 NM
 Code: ART3001

Vered Israel Cultural and Educational Program

Vered Israel Manager
Avivit Erlichman, ext. 276
aerlichman@jccottawa.com

Bayit Hayisraeli-Israeli House

In cooperation with the Embassy of Israel
 Israelis and those who speak Hebrew are welcome to join in monthly parties, discussions, lectures, movies and entertainment.
 Sunday evenings at 7:30pm
 March 2, April 6, May 4, June 1, July 6, August 3, September 7

Mask, stories

by Esther A. Dagan
 Israel author and African art expert Esther A. Dagan discusses her short story collection about a Jewish woman in Africa.
 Tuesday, April 8, 7:30 pm

Lecture Series

with Dr. Henry Habib
 Middle-East expert and Professor Emeritus in the department of Political Science at Concordia University Dr. Henry Habib, returns to the Soloway Jewish Community Centre for three interesting and insightful lectures.

The Palestinians: Their History and Role in the Politics of the Middle East

June 2, 9 and 16 at 7:30pm
 Series ticket: \$15 M \$18 NM
 Individual lecture: \$7M \$9 NM

Join JET and the SJCC

For

Purim Spirit

Sunday, March 16

1:00-3:00

SJCC

Carnival Games * Hamentashin
 Hunt * Purim Maze * Prizes *
 Clowns * Face Painting
 Come in your Purim Costume
 and join the Parade.

\$5.00 per person
 \$10.00 per family

For more information call JET
 at 798-9818 ext 247

Mitzvah Knitters donate their time and skill to create items for a variety of good causes.



SPRING/SUMMER AQUATICS PROGRAMS

Aquatics Manager, Chris Lindsay, ext. 377, clindsay@jccottawa.com
Assistant Aquatics Manager, Robin Jordan, ext. 279, rjordan@jccottawa.com
Registration Info and General Inquiries: poolinfo@jccottawa.com
Pool Schedule: 798-9818 ext. 701 or www.jccottawa.com

Registration Dates:

Member priority registration for all Spring and Summer programs is ongoing.
 Non-Member registration for Spring programs begins March 30. Non-Member Summer registration begins June 1.

Please Note: Classes that do not meet the minimum registration will be canceled. Affected participants will be offered spots in alternate classes, credit towards other Aquatic or JCC programs or refunds. No refunds will be given after the first class. No new registrations will be accepted after the second class.

CHILDREN'S SPRING AQUATICS PROGRAMS

Program Costs:

Aqua Tots Program	\$20M \$50NM	(min. 4 per class)
Aqua Preschool & Aqua Quest 1	\$50M \$70NM	(min. 2, max. 4 per class)
Aqua Quest 2-4	\$40M \$55NM	(min. 3, max. 5 per class)
Aqua Quest 5-8	\$50M \$60NM	(min. 3, max. 7 per class)
Aqua Quest 9-12	\$55M \$65NM	(min. 3, max. 8 per class)

Wednesday April 30-June 25 9 Weeks

Aqua Quest 1	4:30-5:00 pm	A013041
Aqua Quest 2	5:00-5:30 pm	A023041
Aqua Quest 3	5:30-6:00 pm	A033041
Aqua Quest 4	4:00-4:30 pm	A043041
Aqua Quest 6	4:00-4:45 pm	A063041
Aqua Quest 7	5:15-6:00 pm	A073041
Aqua Quest 8	4:30-5:15 pm	A083041
Aqua Quest 9/10	4:00-5:00 pm	A093041

Spring Regular Lessons

Sunday April 27-June 22 8 weeks (no class May 18: Victoria Day Weekend)

Aqua Tots 1	9:30-10:00am	AQT3111
Aqua Tots 2	10:00-10:30am	AQT3211
Aqua Tots 3	10:30-11:00am	AQT3311
Aqua Preschool 1	9:00-9:30am	AQP3311
	9:30-10:00am	AQP3312
Aqua Preschool 2	9:30-10:00am	AQP3211
	9:30-10:00am	AQT3212
Aqua Preschool 3	9:00-9:30am	AQP3311
Aqua Quest 1	5:00-5:30pm	A013011
Aqua Quest 2	10:00-10:00am	A023011
Aqua Quest 3	10:00-10:30am	A033011
Aqua Quest 4	9:00-9:30am	A043011
	5:30-6:00pm	A043012
Aqua Quest 5	5:00-5:45pm	A053012
Aqua Quest 8	5:00-5:45pm	A073011
	9:15-10:00am	A083011

Monday April 28-June 23 8 Weeks (no class May 19: Victoria Day Weekend)

Aqua Quest 1	4:00-4:30 pm	A013021
Aqua Quest 2	4:30-5:00 pm	A023021
Aqua Quest 3	5:30-6:00 pm	A033021
Aqua Quest 4	5:00-5:30 pm	A043021
Aqua Quest 5	4:45-5:30 pm	A053021
Aqua Quest 6	5:00-5:45 pm	A063021
Aqua Quest 7	4:00-4:45 pm	A073021
Aqua Quest 9/10	4:00-5:00 pm	A093021

Tuesday April 29-June 24 9 Weeks

Aqua Tots 1,2,3	10:00-10:30 am	AQT3131
Aqua Quest 1	5:00-5:30 pm	A013031
Aqua Quest 3	4:45-5:15 pm	A033031
Aqua Quest 4	5:30-6:00 pm	A043031
Aqua Quest 5	4:00-4:45 pm	A053031
Aqua Quest 6	5:15-6:00 pm	A063031
Aqua Quest 7	4:45-5:30 pm	A073031
Aqua Quest 8	4:00-4:45 pm	A083031
Aqua Quest 11/12	4:00-5:00 pm	A113031

Thursday May 1-June 26 9 Weeks

Aqua Quest 1	5:30-6:00 pm	A013051
Aqua Quest 2	4:00-4:30 pm	A023051
Aqua Quest 3	4:30-5:00 pm	A033051
Aqua Quest 4	4:00-4:30 pm	A043051
Aqua Quest 5	4:00-4:45 pm	A053051
Aqua Quest 6	5:15-6:00 pm	A063051
Aqua Quest 8	4:45-5:30 pm	A083051
Aqua Quest 11/12	4:30-5:30 pm	A113051

Hillel Pickup for Swimming Lesson

Parents who would like their child picked up from Hillel and walked over to the SJCC for swimming lessons must register in advance. Pickups are at 3:45pm in the school lobby. After swimming lessons parents can pick up their children from the pool deck or register to have them dropped off into After School Care. Spring Code: WOP3001. Cost: \$5

Pre-Scheduled Private Lessons

These lesson time slots are preset and designed to assist participants to overcome a fear of the water or master a skill. A certified instructor will work on a one-on-one or two-on-one basis for the session of 1/2 hour lessons. Make-up lessons will not be scheduled.

- 1 participant \$110 M, \$140 NM
- 2 participants \$60 M each, \$75 NM each
- 3 participants \$50 M each, \$60 NM each

Sunday April 27-June 22 8 Weeks (no class May 18: Victoria Day Weekend)

9:00	APL3111	APL3211	
9:30	APL3112	APL3212	
10:00	APL3113	APL3213	
10:30	APL3114	APL3214	APL3314
5:00	APL3115	APL3215	
5:30	APL3116	APL3216	
6:00	APL3117	APL3217	APL3317
6:30	APL3118	APL3218	
7:00	APL3119	APL3219	

Continued on page 5

Gefilte Fish Swim Club

Spring Session: April 6-June 8

Guppies (Novice)

approx. age 6-8 years
 Practice Times:
 Sun 9:00-10:00am
 Wed 5:00-6:00pm
 Cost: \$60M \$80NM
 Code: SWC3001 (spring)

Whales (Junior)

approx. age 8-10 years
 Practice Times:
 Sun 9:00-10:00am
 Tues & Thurs 5:00-6:00pm
 Cost: \$80 M \$100 NM
 Code: SWC3002 (spring)

Sharks (Senior)

approx. age 11 years and up
 Practice Times:
 Sun 6:00-7:30pm
 Fri 7:00-8:15am
 Tues 6:00-7:00pm
 Thurs 6:00-7:00pm
 Cost: \$90 M \$120 NM
 Code: SWC3003 (spring)

Aquatic Leadership Programs

Manuals can be purchased at Pool Office.

Spring Session: April 27 - June 22.
 Exam to take place on last day of class.

Aquatic Leadership Courses

Bronze Star
 Min 11 years old
 (Min 4 participants to offer course)
 Mon 5:00-6:00pm
 \$50 M \$70 NM Code: BST3001

Emergency First Aid
 Min 12 years old, CLSM
 (Min 6 people required to offer course)
 Sun 5:00-6:00pm
 \$40 M \$50 NM Code: RES3001

Bronze Medallion
 Min 13 years, CLSM
 (Min 6 people to offer course)
 Sun 6:30-9:00pm
 \$70 M \$90 NM Code: BME3001

Bronze Cross
 Min 14 years,
 Bronze Medallion,
 EFA/Senior Resus, CLSM
 (Min 6 people to offer course)
 Tues 6:30-9:00pm
 \$90 M \$110 NM Code: BCR3001

Aqua Leaders
 Min 15 years, Bronze Cross,
 Swimming and Water Safety Manual
 (Min 6 people to offer course)
 Thurs 6:30-9:00pm
 \$100 M \$120 NM Code: AQL3001

Pre-Scheduled Private Lessons (continued from page 4)

Monday	April 28-June 23	8 Weeks
(no class May 19: Victoria Day Weekend)		
4:00	APL3121 APL3221	APL3321
4:30	APL3122 APL3222	APL3322
5:00	APL3123 APL3223	
5:30	APL3124 APL3224	APL3324
7:15	APL3125 Women's Only	
7:45	APL3126 Women's Only	
Tuesday	April 29-June 24	9 Weeks
9:30	APL3131	
10:30	APL3132	
4:00	APL3133 APL3233	
4:30	APL3134 APL3234	
5:00	APL3135 APL3235	
5:30	APL3136 APL3236	APL3336
Wednesday	April 30-June 25	9 Weeks
4:00	APL3141 APL3241	APL3341
4:30	APL3142 APL3242	
5:00	APL3143 APL3243	
5:30	APL3144 APL3244	APL3344
7:15	APL3145 Men's Only	
7:45	APL3146 Men's Only	
Thursday	May 1-June 26	9 Weeks
9:30	APL3151	
10:00	APL3251	
10:30	APL3152	
4:00	APL3153 APL3253	APL3353
4:30	APL3154 APL3254	APL3354
5:00	APL3155 APL3255	APL3355
5:30	APL3156 APL3256	

March Break Swim Programs March 10-14, 2003

March Break Private Lessons:

Cost: \$12M/class/day (+ \$5 per additional member)
\$15NM/class/day (\$6 per additional non-member)

Monday:		10:00-10:30am	APL2042
9:00-9:30am	APL2020	10:30-11:00am	APL2043
9:30-10:00am	APL2021	11:00-11:30am	APL2044
10:00-10:30am	APL2022		
10:30-11:00am	APL2023	Thursday:	
11:00-11:30am	APL2024	9:00-9:30am	APL2050
		9:30-10:00am	APL2051
Tuesday:		10:00-10:30am	APL2052
9:00-9:30am	APL2030	10:30-11:00am	APL2053
9:30-10:00am	APL2031	11:00-11:30am	APL2054
10:00-10:30am	APL2032		
10:30-11:00am	APL2033	Friday:	
11:00-11:30am	APL2034	9:00-9:30am	APL2060
		9:30-10:00am	APL2061
Wednesday:		10:00-10:30am	APL2062
9:00-9:30am	APL2040	10:30-11:00am	APL2063
9:30-10:00am	APL2041	11:00-11:30am	APL2064

Summer Advanced Courses

August 25 - August 29

Bronze Medallion and Emergency First Aid

Prerequisite: 13 y/o (Min 6 people to offer course)

Mon - Fri 8:30am-2:00pm

\$90M \$120NM (CLSM manual required) Code: BME4001

Bronze Cross

Prerequisite: 14 y/o. Bronze Medallion, EFA/Senior Resus.
(Min 6 people to offer course)

Mon - Fri 8:30am-2:00pm

\$95M \$115NM (CLSM manual required) Code: BCR4001

Aquatic Adult Programs

Master Swim Fit Program

(Min 6 people required)

March 31-June 27

Tues, Thurs 6:30-7:30am

\$60M \$120NM

Code: MAS3001

Spring/Summer Aquafitness

Members Only - Free for CHAI Members

Spring: March 31-June 27, 2003

Summer: June 30 - August 31

Each requires a minimum of 6 regular participants to offer the class for the session
For schedule see www.jccottawa.com

Deep Water Cardio and Tone

Deep class focusing on cardiovascular endurance and building general muscle tone.

Mon, Wed, Fri

9:30-10:15am AFD3001 (spring)

9:00-9:45am AFD4001 (summer)

Shallow Water Cardio and Tone

Shallow class focusing on cardio endurance and building general muscle tone.

Tues, Thurs

9:30-10:15am AFD3001 (spring)

9:00-9:45am AFD4001 (summer)

Aqua After Work

Shallow class emphasizing cardiovascular to burn off a long day at work!

Mon, Wed

6:00-6:45pm AFC3001 (spring)

5:30-6:15pm AFC4001 (summer)

50+ Shallow

Shallow class suitable for those with reduced range of motion or joint conditions such as arthritis, looking for a moderate workout.

Mon, Wed, Fri

10:30-11:15am AFT3001 (spring)

10:00-10:45am AFT4001 (summer)

Specialty Aqua Fitness Programs

Each requires a minimum of 6 regular participants to offer the class for the session.
See box below for details.

Summer Aquatic Programs June 30 - August 31

Summer Private Lessons

One week, each day Mon-Fri at the same time, same instructor

Sessions	July 7-11	July 14-18	July 21-25	July 28-Aug 1	Aug 11-15
9:00am	APL4121	APL4131	APL4141	APL4151	APL4161
9:00am	APL4221	APL4231	APL4241	APL4251	APL4261
9:30am	APL4122	APL4132	APL4142	APL4152	APL4162
9:30am	APL4222	APL4232	APL4242	APL4252	APL4262
10:00am	APL4123	APL4133	APL4143	APL4153	APL4163
10:00am	APL4223	APL4233	APL4243	APL4253	APL4263
10:30am	APL4124	APL4134	APL4144	APL4154	APL4164
10:30am	APL4224	APL4234	APL4244	APL4254	APL4264
11:00am	APL4125	APL4135	APL4145	APL4155	APL4165
11:00am	APL4225	APL4235	APL4245	APL4255	APL4265
11:30am	APL4126	APL4136	APL4146	APL4156	APL4166
11:30am	APL4226	APL4236	APL4246	APL4256	APL4266
4:00pm	APL4127	APL4137	APL4147	APL4157	APL4167
4:00pm	APL4227	APL4237	APL4247	APL4257	APL4267
4:30pm	APL4128	APL4138	APL4148	APL4158	APL4168
4:30pm	APL4228	APL4238	APL4248	APL4258	APL4268

Evening Private Lessons

4 Weeks, one night per week, same instructor

Mondays	July 7-28	
7:15-8:00pm	APL4021	(Women's Only)
8:15-9:00pm	APL4022	
Wednesdays	July 9-30	August 6-27
7:15-8:00pm	APL4041	APL4043 (Men's Only)
8:15-9:00pm	APL4042	APL4044

Sunday Private Lessons

4 Weeks, one class per week,
same instructor

Sundays	July 6-27	Aug 10-31
9:00-9:40	APL4111	APL4211
9:40-10:20	APL4112	APL4212
10:20-11:00	APL4113	APL4213
11:00-11:40	APL4114	APL4214

Summer Private Lessons Prices

Participants	Per Session	
	M	NM
1	\$60	\$80
2	\$40/ ptpt	\$65/ ptpt
3	\$35/ ptpt	\$55/ ptpt

Early Morning Energizer

Start your day off right with this high energy cardio and tone class! Min 8.

Monday 6:30-7:15am AFE3001 (spring) AFE4001 (summer)

Wednesday 6:30-7:15am AFE3002 (spring) AFE4002 (summer)

Friday 6:30-7:15am AFE3003 (spring) AFE4003 (summer)

Awesome Aqua Abs

Use resistance of water to make amazing abs! Need to be comfortable in deep water.

Thursday 10:30-11:15am

AFA30(spring)

10:00-10:45am

AFA4001 (summer)

just you, the water and a great workout.

Tuesday 10:30-11:15am

AFJ3001 (spring)

10:00-10:45am

AFJ4001 (summer)

Specialty Aquafitness Program Costs

6 classes \$25M / \$40 NM

12 classes \$40M / \$75 NM

24 classes \$70M / \$120 NM

36 classes \$90M / \$150 NM

High Energy Aqua Running

Power your way to amazing fat burning and endurance in deep water! No impact.



HAPOEL YOUTH ATHLETIC PROGRAMS/ADULT ATHLETICS

Athletics/Leagues Manager:
Jon Braun, ext. 267, jbraun@jccottawa.com

After
School
Soccer –
Co-Ed



Spend after school playing the most popular game in the universe.

Grades K-2

April 28 – June 16
Monday 4:00-5:00pm
\$65M \$95 NM
No game May 19
Code: ASP3001

Grades 3-4

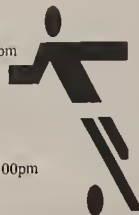
April 29 – June 17
Tuesday 4:00-5:00pm
\$65M \$95NM
Code: ASP3002

Grades 5-7

April 30 – June 18
Wednesday 4:00-5:00pm
\$65M \$95NM
Code: ASP3003

Girls Only Soccer

A fun way to spend time with the girls
Grades 5-7
May 1 – June 19
Thursday 4:00-5:00pm
\$65M \$95NM
Code: GOS3001



Women's Softball (16+)

Get outside and play ball with the girls every Tuesday night. Don't miss out on the fun!
May 6 – September 23
Tuesday 6:30 – 8:30pm
\$70M \$85NM
Code: JWS3001

Men's Softball

The longest running league in the community. Continue the tradition! To enter a team, or be placed on one, call Athletic/League Manager Jon Braun at 798-9818 ext 267.
May – August
Sunday, Monday, Wednesday

Spring and Summer Hoops

The JMBL may be done for the summer but that is no reason to let your game slide. Get a run in every Wednesday night at the J. No refs, no whistles, just pure, pickup summer ball. Check it out!
May-August
Wednesday 7:00-9:00pm
Members Free \$100-NM
Code: BCA3001

40 Plus Men's Softball

Hassle free Wednesday night summer softball for you guys that just want to have some fun at Hampton Park and play a little ball. For more information contact League President Wes Schacter at 829-8213.

2nd Annual Sports Breakfast of Champions

Honour the men, women, boys and girls who have played to win, gracefully lost, volunteered their time and leant their expertise.

Sunday June 15, 11:00am-12:30pm.

At The
Soloway Jewish Community Centre
The Joseph and Rose Ages Family Building
21 Nadolny Sachs Private

Kosher Breakfast • Guest Speakers • Awards



For more information on the Breakfast of Champions call Athletics & League Manager Jon Braun 798-9818 ext 267 jbraun@jccottawa.com

HEALTH & WELLNESS SERVICES

Fitness/Aerobics Manager Carla Gencher,
798-9818 ext 278, cgencher@jccottawa.com

Personal Fitness Training

See results with an exercise program designed to suit your personal goals. Enjoy the benefits of one-on-one training with our highly qualified Personal Trainers. Our professional staff provides services that ensure consistency and safety. Independent personal trainers who are not Soloway JCC staff are not permitted to utilize our facilities for professional purposes. For a price list or to register call the Guest and Member Services Desk at ext 295. For more information or to book a trainer call Fitness/Aerobics Manager Carla Gencher at 798-9818 ext 278.



Aerobics & Spinning

Click on www.jccottawa.com to print Aerobics and Spinning Schedules or drop by the SJCC and pick one up.

Fitness Evaluations

Determine your current fitness level and set realistic fitness goal with a one-on-one consultation with our Certified Fitness Consultants and the Canadian Physical Activity Fitness Lifestyles Assessment Guidelines. We will determine your current fitness level and assist you in setting new and achievable fitness goals. A one-on-one consultation and analysis of results will follow the evaluation. For more information or to book an appointment call Fitness/Aerobics Manager Carla Gencher at 798-9818 ext 278. Members only \$40

Nutritional Coaching

Eat better, look better, and feel better. Our nutritional counselor specializes in weight management, meal planning and specialized nutrition and exercise planning for all ages with special attention to food preferences appropriate for physical activity. To book an appointment or for more information call Fitness/Aerobics Manager Carla Gencher at 798-9818 ext 278. \$60, 45 minute session

Aerobics

Our bright, spacious aerobics studio hosts over 25 different classes per week all led by a team of qualified fitness professionals. Aerobics classes are exclusive to and free to all Chai members.
Spring: March 10-May 30
Summer: June 1-Sept 5

Spinning

Our Schwinn bikes are poised for the ride of your life. Try the hottest trend in physical fitness. Regardless of your fitness level, spinning is an excellent way to workout. You can now register by session. To reserve the same class each and every week call the Member and Guest Services Desk at 798-9818 ext 295.
Spring: March 10-May 30
Summer: June 1-Sept 5
Members \$ 5.50 per class Non-Members \$7.50 per class
(Cancellations can be made up to 6 hours prior to the start of a class, otherwise there will be a charge.)

Spring Spinning Schedule

Sunday	8:30-9:30am	SPN3011
Monday	9:15-10:15am	SPN3021
	5:30-6:30pm	SPN3032
Tuesday	6:15-7:15am	SPN3031
	9:15-10:15am	SPN3032
	* 10:30-11:15am	SPN3033
Wednesday	9:15-10:15am	SPN3041
	6:30-7:30pm	SPN3042
Thursday	6:15-7:00am	SPN3051
	9:15-10:15am	SPN3052
	* 10:30-11:15am	SPN3053
	6:00-7:00pm	SPN3054
Friday	6:15-7:00am	SPN3062
	9:15-10:15am	SPN3061

*Ease into Spin



FITNESS PROGRAMS

Fitness/Aerobics Manager: Carla Gencher, ext. 278,
cgencher@jccottawa.com

Strollercize

Included in your SJCC Chai Membership.
 Bring your stroller and little one along for
 a fitness break that includes the best of aer-
 obic conditioning and the great outdoors.

Spring: March 19-May 14

Summer: June 4-July 23

Wednesday 10:30-11:30am

Instructor: Irene Lazarovitz

No class on April 23

Code: Spring STR3001

Summer STR4001

Weight training for women

Included in your SJCC Chai Membership.
 Designed for those who prefer to work out
 under the supervision of a certified person-
 al trainer and in the company of other
 women. Fitness goals are geared toward
 the individual, 16 yrs plus.

Spring: March 17-May 12

Summer: June 2-July 21

Monday 9:30-10:30am

Instructor: Irene Lazarovitz

No class on April 21.

Code: Spring WAW3001

Summer WAW4001

New Beginnings 16+

Included in your SJCC Chai Membership.
 Learn proper body alignment, strength,
 endurance exercises, cardiovascular train-
 ing and stretching with a fitness center con-
 sultant in a group environment.

Spring: March 18-May 13

Summer: June 3-July 29

Tuesday 9:30-10:30am

Wednesday 7:30-8:30pm

Instructor: Tuesday, Xavier Renart,

Wednesday, Irene Lazarovitz

No class on April 23, 29, July 1

Code: Spring - Tuesday NBB3002

Wednesday NBB3001

Summer - Tuesday NBB4002

Wednesday NBB4001

Core stability ball 16+

Works the "core" or trunk in almost every
 exercise! The resist-a-ball is simple to use,
 effective and excellent for improving func-
 tional strength, core stability, flexibility
 balance and posture.

Spring: March 18-May 29

Tuesday 9:15-10:15am - BAL3001

Instructor: Carla Gencher

Tuesday 7:30-8:30pm - BAL3002

Instructor: Andrew Traynor.

Thursday 11:30-12:30pm - BAL3003

Instructor: Carla Gencher.

No class on April 17, 22, 24, 29.

Summer: June 3 - August 5

Tuesday 9:15-10:15am - BAL4001

Instructor: Carla Gencher

Tuesday 7:30pm-8:30pm - BAL4002

Instructor: Andrew Traynor

No class July 1.

\$50 M \$75 NM

Adult Group Personal Training 18+

A certified personal trainer supervises and
 leads the group through core stability exer-
 cises on the stability ball, resistance train-
 ing with weights flexibility and much
 more. (Maximum 7 participants)

Spring: March 18-May 6

Summer: June 3-July 15

Tuesday and Thursday 7:00-8:00am

Instructor: Donna Cullen

\$75 SJCC Chai members only

No class April 17, 24, 29, July 1

Code: Spring PFT3001

Summer PFT4001

Yoga 16+

Energize, relax and rejuvenate with Hatha
 Yoga. Emphasizes flexibility, body strength-
 ening balance, posture and meditation.

Spring: March 20-May 29

Summer: June 12-August 7

Thursday 7:30-8:30pm

Instructor: Gura Deep Kuar

No class April 17, 24. \$65 M \$90 NM

Code: Spring YOG3501

Summer YOG4501

Power Yoga 16+

Charge up your batteries for the week!
 Learn a series of exercises and postures to
 elevate your heart rate, strengthen your
 body and mind and stretch every muscle.

Spring: March 17-May 26

Summer: June 2-July 28

Monday 10:30-11:30am

Instructor: Sylvie Gouin

No class on April 21 and May 19.

\$65 M \$90 NM

Code: Spring PYO3001

Summer PYO4001

Dumbell 16+

Increase strength, improve co-ordination
 and balance with this full body workout
 featuring free weights and the stability ball.

Spring: March 19-May 21

Summer: June 4-July 30.

Wednesday 6:30-7:30am

Instructor: Donna Cullen

No class April 23. \$50M \$75NM

Code: Spring DUM3001

Summer DUM4001

Adult Kickboxing 18+

Develop agility and concentration, learn
 body balance, blocks, kicks and strikes.
 This workout covers sparring and boxing,
 speed reaction drills, multiple attackers
 defense and more.

Spring: March 18-May 27

Summer: June 3-August 5

Tuesday 7:30-8:30pm

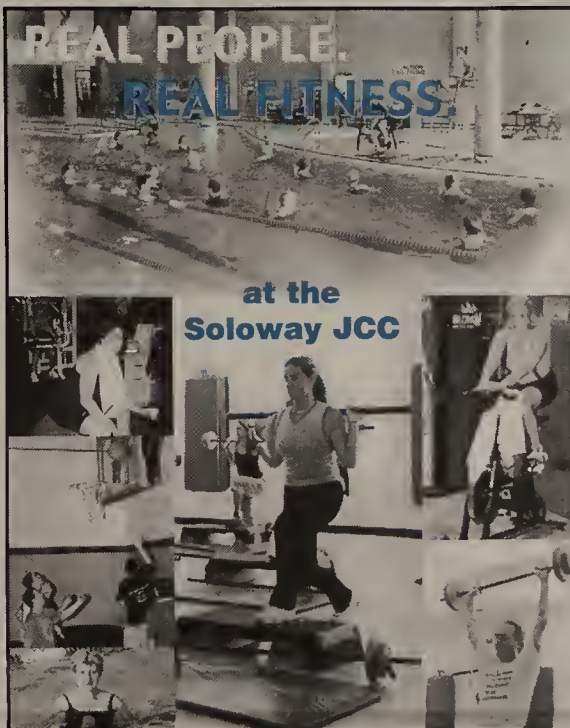
Instructor: Gennady Mishkis

No classes on April 22, 29, July 1

\$50 M \$75 NM

Code: Spring CKB3001

Summer CKB4001



Save 20-50%*

\$0 INITIATION FEE

Membership Benefits:

- State-of-the-art fitness centre.
- Over 100 pieces of the latest equipment.
- 3 one-hour orientation classes with our professional staff.
- Over 30 fitness classes per week, including 50+ classes.
- Basketball, Squash, and Racquetball.
- Steam room, sauna and whirlpool.
- Indoor & outdoor full size pools, with 10 Aquafit classes per week.

Visit us today
 or call Anna at 798-9818 ext. 225
www.jccottawa.com
asilverman@jccottawa.com

Soloway Jewish Community Centre
21 Nadolny Sachs Private

*Offer is for new members only
 and expires April 27, 2003.

Cannot be combined with any other offers.

Price varies according to category of membership.

Pilates 16+

A safe and effective fitness program Pilates involves dozens of mat exercises that tone and lengthen muscles, increase back and abdominal strength, improve posture and body mechanics and reduce joint and lower back stress.

Spring

Day	Date	Time	Instructor	Code
Monday	March 17-May 27 9 Wks	6:10-7:10am	Carolyn Franklin	PIL3005
Tuesday (intro class)	March 18-May 27 9 Wks	9:15-10:15am	Heather Pugh	PIL3002
Tuesday	March 18-May 27 9 Wks	6:30-7:30pm	Madeleine Rispoli	PIL3001
Wednesday (intermediate)	March 19-21 9 Wks	9:15-10:15am	Heather Pugh	PIL3004
Friday	March 21-March 23 9 Wks	9:15-10:15am	Heather Pugh	PIL3003

No Classes on: April 18, 21, 22, 23, 29 and May 19

Summer

Day	Date	Time	Instructor	Code
Monday	June 2-July 28 9 Wks	6:10-7:10am	Carolyn Franklin	PIL4005
Tuesday	June 3-July 27 9 Wks	6:30-7:30pm	Madeleine Rispoli	PIL4001
Wednesday (intermediate)	June 4-July 30 9 Wks	9:15-10:15am	Heather Pugh	PIL4004
Friday	June 13-Aug 8 9 Wks	9:15-10:15am	Heather Pugh	PIL4003

No Class on: July 1 • \$65 M, \$90 NM

50+ Programs

50+ Vitality

Free to SJCC Chai members only

A comprehensive program for the 50+ including aerobics, cardiovascular conditioning, strength training toning and flexibility, low impact fitness classes, Stability Ball, muscle toning and stretching classes. Share the life enhancing benefits of regular exercise and have fun doing it.

Spring: March 17 - May 23

Monday-Thursday 10:20-11:20am

Summer: June 2-July 31

Tuesday and Thursday 10:20-11:20am

No class on April 17, 21, 23, 24, 29, May 19, July 1

Instructor: Pat Gowans

Code: Spring VIT3001

Summer VIT4001

50+ Functional Fitness

Free to SJCC Chai members only

Low impact aerobics classes excellent for beginners and those suffering from arthritis or osteoporosis wanting to increase strength and cardiovascular fitness. Functional Fitness includes muscle toning and stretching and participants can choose to remain seated or use a chair for assistance.

Spring: March 18-May 20

Summer: June 3-July 31

Tuesday & Thursday 11:25-12:10pm

Instructor: Pat Gowans

No class on April 17, 24, 29

Code: Spring FFF3001

Summer FFF4001

50+ Tai Chi

Free to SJCC Chai members only

Tai Chi allows for relaxation and concentration. It is believed that the practice of Tai Chi can help retard the aging process and preserve youthfulness.

Spring: March 20-May 29

Summer: June 5-July 31

Thursday 1:00-2:00pm

Instructor: Amalia Weiner (Taoist Society)

No class on April 17, 24

\$55 M \$80 NM

Code: Spring TCH3001

Summer TCH4001

50+ Soft Yoga

Enhance physical strength and mental clarity with this gentle yoga designed to balance body mind and spirit.

Spring: March 17-May 26

Summer: June 2-July 28

Monday 11:30-12:15

Instructor: Sylvie Gouin

\$45 M \$75 NM

No class on April 21, May 19

Code: Spring YOS3001

Summer YOS4001

Creative Connections

Call SJCC

Director of Programming

Maxine Miska

798-9818 ext. 263

mmiska@jccottawa.com

Youth Fitness Programs

Introduction to Weights and Fitness 13-15 yrs

Designed for the young teen. Participants will learn about nutrition, healthy body weight, exercise plans and how to safely use the fitness center equipment.

Spring: March 18-May 20

Tuesday 4:15-5:15pm-WTY3102

Instructor: Melissa Murray

March 16-May 4

Sunday 1:00-2:00 pm-WTY3101

Instructor: Jodie Gencher

Summer: June 3-July 29

Tuesday 4:15-5:15pm-WTY4102

Instructor: Melissa Murray

No classes on April 22, 29, July 1

\$80 SJCC Chai members only

Teen Cardiokickboxing

13-17 yrs

Kick and punch your way into great shape with this high-energy cardio workout featuring the best of aerobics, karate and kickboxing. No experience necessary.

Spring: March 19-May 21

Wednesday 6:30-7:30pm

Instructor: TBA

No class on April 16, 23

\$40M \$65NM.

Code: Spring KBY3001

NEW!

Preteen Group Personal Training, grades 6 and 7

A safe and effective way for preteens to achieve an invigorating, safe workout including strength training, core stability training and flexibility while teaching them to develop healthy exercise habits early in life.

Spring: March 17-May 26

Monday 4:15-5:15pm

Instructor: Kate Aldred

No class on April 21 and May 19

\$65 SJCC Chai members only

Code: Spring PGT3001



GREENBERG FAMILIES LIBRARY

Librarians:

**Estelle Backman
and Donna Guttman,
ext. 245
library@jccottawa.com**

Our beautiful library has a comprehensive collection of Judaica. The shelves are replete with bestsellers, scholarly titles, magazines, newspapers, videos, a children's collection, and more. We also have computers with Internet access. The Ottawa Jewish Genealogical Society meets here and offers assistance and resources to novice researchers. In addition the Greenberg Families Library offers a diverse and interesting line-up of programs.

Membership

All SJCC members have full library privileges. For a nominal cost, library membership is also open to the community.

Community Membership

Family	\$ 36.00
Individual	\$ 25.00
Students, Seniors	\$ 15.00

Hours

Monday - Thursday: 10:00am-8:00pm
Friday: 10:00am-2:00pm
Sunday: 10:00am-4:00pm

Book Discussion Series

Join us to discuss some of the latest and most insightful Jewish novels. All SJCC and library members are welcome to attend at no charge. Admittance with presentation of membership card. Guest entry: \$2.

Wednesday March 5, 1:30pm

What remains by Nicholas DelBanco.

An evocative and richly textured portrait of a Jewish family with artistic and intellectual inclinations.

Wednesday April 2, 1:30pm

Jew vs. Jew: the struggle for the soul of American Jewry by Samuel Freedman.

In this insightful work, Freedman questions why the most secure and prosperous Jewish community in history is also one of the most fractious.

Wednesday May 2, 1:30pm

Old Men at Midnight by Chaim Potok.

Poignant and profound, Chaim Potok's newest work of fiction is a major addition to his remarkable - and remarkably loved - body of work.

Reminder notices will be mailed before meetings with book review included. Register with the librarian at 798-9818, ext. 245. There is a \$5 charge to be on the mailing list.

JET - JEWISH EDUCATION THROUGH TORAH

Program Manager Rabbi Zischa Shaps, 798-9818 ext 247, jet@jccottawa.com

Author Talks

Sunday June 15, 7:30pm

Acclaimed author Allan Levine discusses his recent book, *Scattered Among the Peoples: the Jewish Diaspora in Ten Portraits*. Levine's dazzling new history brings to life ten defining points in the Jewish Diaspora in a series of moment-in-time portraits of individual people, their families and communities, and the cities they inhabited.

Ottawa Jewish Film Society

Chair, Judith Weinman

Sponsored by the Greenberg Families Library and Agudath Israel Congregation All SJCC and library members are welcome to attend at no charge. Admission only with presentation of membership card. For more information, please contact the library.

All films begin at 2:00pm in Social Hall "A", and will be followed by a short discussion. Films may be subject to change.

March 9 *Mina Tannenbaum*

France. 1993. 130 min. French with English subtitles. Mina Tannenbaum and Ethel Benegui meet as youngsters in a ballet class in Paris, beginning a bitter-sweet 25-year friendship.

April 27 *The Nasty Girl*

Germany. 1990. 92 min. German with English subtitles. A black comedy, about a young German girl uncovering the hidden Nazi history of her town.

May 25 *Catskill Honeymoon*

USA 1949. 93 min. B&W. English with Yiddish. A Jewish resort hotel celebrates the fiftieth wedding anniversary of a pair of longtime customers.

Computer Literacy

Learn to use a computer at the Greenberg Families Library with computer maven Rivka Finkelstein.

Introduction to Computers

Three-week course teaches the basic skills required to use a computer with confidence. Minimum 3, maximum 4 students required to run course.

March 24, 31 & April 7

Mondays, 10:00-11:15

Cost: SJCC and Library

Members \$25.00

Non-members \$30.00

Code: LIC3001

Intermediate Course

A three-week course building on the information covered in the introductory session. Minimum 3, maximum 4 students required to run course.

May 5, 12 & 19

Mondays, 10:00-11:15am

Cost: SJCC and Library

Members \$25.00

Non-members \$30.00

Code: LIC3002

Jewish Life From A-Z

Provides an overview of all aspects of Jewish Living. Offered in a series of five week sessions, this course provides participants with a greater understanding of Jewish philosophy, thought and practice.

March 10-April 7, May 5-June 16

Monday 8:00-9:00pm

Instructor: TBA

Hebrew Reading Crash Course

This course offers an innovative and systematic approach to reading Hebrew. Master the basics of the Aleph-Bet and gain basic vocabulary and reading skills in six lessons. Co-sponsored by National Jewish Outreach Program (NJOP).

February 24-April 7

Monday 8:00-9:30pm

Instructor: Rabbi Micah Shotkin

No Class On: March 17

Living Judaism

Lunch and Learn the how's and why's of practical living Judaism. Topics include keeping kosher, visiting mourners, celebrating Purim, Pesach, and more.

March 11-June 17

Tuesday 12:00-1:00pm

Instructor: Lauren Shaps

No Class On: March 18, April 15, 22

Talmud For Men

This class offers intensive study for beginners and more advanced Talmud students twice a week.

March 11-April 10, April 29-June 19

Tuesdays & Thursdays

9:00-10:00am

Instructor: Rabbi Micah Shotkin

Parshat Hashavua

Gain a behind the scenes look at the Torah reading. Classical commentaries are used in this text-based analysis of one section of each Parsha. The class highlights how the commentaries developed their interpretations based on the wording of the text.

March 13-April 3, May 1-29

Thursday 7:30-8:30pm

Instructor: Rabbi Zischa Shaps

Learn to Learn Chumash

Translate the Torah text on your own. Rabbi Dovid Burger provides the grammar needed to understand what you are reading. This course is intended for anyone who can already read Hebrew and wants to improve vocabulary.

March 13-April 13, May 1-29

Thursday 8:30-9:30pm

Instructor: Rabbi Dovid Burger

Young Adult

Friday Night Dinner

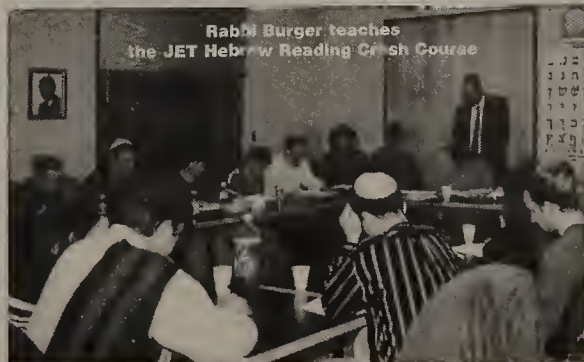
Are you a young Jewish adult looking to meet others or would just like to enjoy a Shabbat dinner? Join JET's growing group of JETSETTER's for Friday night dinner and more. Call 798-9818 ext.247 for more information or to reserve your spot.

Let's Sing The Seder

Sing with confidence at your Seder. Join instructors Cantor Daniel Benlolo and Rabbi Shaps as they review the songs of the Seder. Sing along to golden oldies and learn new and different tunes.

March 31-April 7

Monday 7:30-9:00pm



Strive For Truth (for women)

Using Rabbi E. Dessler's profound work, *Strive For Truth*, discuss and debate the essential values of life. Jewish philosophy and ethics will be explored with a deep and introspective approach.

March 13-April 10, May 1-June 19

Thursday 10:00-11:00am

Instructor: Lauren Shaps

JET Makes House Calls

Is your group or organization looking for guest speakers? Do you have friends who are interested in Jewish learning? Pick your time and topic and JET will come to you.

* Most JET courses are free of charge, however donations are accepted to help offset programmatic costs.

Pirkei Avot (for women)

Reserve time in your busy week to learn and grow. Using the *Pirkei Avot* text (*Ethics of the Fathers*), the class explores the timeless wisdom of our sages and, through group discussion, applies it to the challenges of daily life.

March 13-April 10

May 1-June 19

Thursday 9:00-10:00am

Instructor: Lauren Shaps

Simcha Daneing (women and girls)

Join Faigy Muroff for exercise and fun. Learn the latest and greatest dances as well as the golden oldies.

February 9, 23, March 9, 23

11:30am-1:00pm

SJCC Aerobics Studio

Timeless Wisdom for Modern Marriages

This four-part series gives you the recipe for making a good marriage even better. Drawing from Jewish sources and modern psychology, we will discuss and develop core values, key strategies, and critical skills to enhance your relationship. Topics such as effective communication, feelings and intimacy, and individual differences and cooperation will be explored. Participants will emerge with practical suggestions as well as a philosophical approach to marriage and relationships. Pre-registration required

Feb 18, 25, March 4, 11

Tuesday 7:30-9:00pm

Instructors: Sabina Wasserlauf, MSW

and Lauren Shaps, MSW

Cost: \$100.00 per couple

Yarchei Kallah

Adult Torah Study Week

July 6-12

SJCC

Join JET for an amazing week of immersion in the study of Torah and Judaism. This unique summer event offers the opportunity to study Judaic texts and ideas with outstanding North American scholars and lecturers. Classes are offered each day and evening culminated by an inspiring Shabbaton. Topics include Bible, Talmud, Jewish History, Philosophy, Law Ethics, Hebrew Reading and more.

For more information

or to register for

Yarchei Kallah

call JET

at 798-9818 ext. 247.

YOUTH PROGRAMS

Youth/Teen Program Manager Gail Lief, ext. 303, glieff@jccottawa.com

Move & Groove

Dance like Jennifer Lopez, Shakira or Britney Spears! Open to boys and girls. All the latest moves in the world of Hip-Hop dance.
Monday 4:15pm to 5:00pm
April 7-June 16
Grade: 3-6
Instructor: Aimee Cook
\$60 M \$80NM
No classes on May 19
Code: DAN3001

Sensational Martial Arts

Explores Ottawa Tao Zen Chuan Karate, a style which uses a combination of traditional Shotokan Karate mixed with Judo. Special emphasis on self-defence. Led by Bill Chong, a 4th degree black belt with over 30 years experience teaching karate, judo, gymnastics, power rope jumping and trampoline.
Tuesday 4:45-5:30pm
April 8-June 17
Grades: 3-6
Instructor: Bill Chong
\$70 M, \$90NM
No class on April 22
Code: MAX3001

Weaving

Learn to weave and design special projects. You can make a challah cover, tallit bag, kip-pot, bookmark, purse or belt. Child-sized looms make learning this skill enjoyable.
Wednesday 4:30-5:30pm
February 26-April 2 or April 30-June 4
Age: 8+ years
Instructor: Janet Eveleigh
\$100 M \$130NM (price includes costs of materials and project finishing)
Codes: Winter WVC2002
Spring WVC3001

Chess Club

Learn how each piece moves. Understand fundamental concepts like castling, check, en passant, promotion, piece value, pins, forks, discoveries.
Wednesday 4:15-5:15pm
April 2-June 18
Grade: 1 to 6
Instructor: Ruslan Renbaum
\$55 M \$70NM
No class on: April 16, April 23
Code: CCC3001

A Shmorgasbord of Art

A variety of creative, imaginative ideas to stimulate the mind using different media. Work with materials such as fimo, sculpty and foam.
Thursday 4:15-5:15pm
March 27-June 19
Grade: 2+
Instructor: Marian Leimovici
\$100M \$125NM
No class on April 17, 24, June 5
Code: ARY3001

Funkadelic Dance

Designed for the novice or beginner dancer. Learn all the latest moves from the world of Hip-Hop.
Sunday 1:00-1:45pm
March 23-June 15
Grade: 1-4
Instructor: Aimee Cook
\$60M \$80NM
No class on May 18, 25
Code: FNK3001

Parent & Me Karate

Together with your child learn karate techniques emphasizing non-violence and self-control. A fun way to exercise and spend quality time with your child.
Sunday 2:00pm to 3:00pm
March 23 to June 15
Age: 5+
\$65 M \$90NM - (1 child, 1 parent)
No class on May 18, 25
Code: PMK3001

Megakicks:

The Ultimate Challenge

Lots of kicking and lots of fun while developing agility, concentration, body balance and blocks. Your child will also learn speed reaction drills, multiple attackers defense and more.
Sunday 3:00-4:00pm
March 23-June 15
Age: 8-12
Instructor: Bill Chong
\$65M \$90NM
No class on May 18, 25
Code: KIC3001

Theatreworks

Folk Tales

Children will explore Jewish folktales and bible tales, incorporating songs into the story. The session will end with a showcase presentation.
Tuesday 4:00-5:00pm
April 8-June 17
Grade: 1 to 3
\$75M \$100NM
Instructor: Rena Herman
No class on April 22
Code: THP3001

"Twisted Fairy Tales"

Scene Work - The children will work on short one act "Twisted Fairy Tales" by classic children's writer A.A. Milne, as well as their own tales to be presented at a showcase at the end of the session. Songs will be incorporated into the project.
Thursday 4:00-5:00pm
March 27-June 19
Grade: 4 to 8
\$75M \$100NM
Instructor: Rena Herman
No class on April 17, 24, June 5
Code: THJ3001

PD Day Programs

School is out and fun is in at the SJCC.

Join us for swimming, sports, crafts, games and plenty more indoor and outdoor activities for Kindergarten-Grade 6.

Tuesday March 18,
12:00-4:00pm
\$15M \$20NM
\$10M (2nd child),
\$15NM (2nd child)
Code: PDP2003

Wednesday March 19,
8:30am-4:00pm
\$30M \$45NM
\$20M (2nd child),
\$25NM (2nd child)
Code: PDP2004

March Break Camp

Enjoy a week of games, sports, swimming, crafts, theme days, and outings at the SJCC.
Kindergarten-Grade 6

Monday-Friday 8:30am-4:00pm
Mon. March 10 MBC2001
Tues. March 11 MBC2002
Wed. March 12 MBC2003
Thurs. March 13 MBC2004
Fri. March 14 MBC2005

\$30/day M \$45/day NM
\$20/day M (2nd child),
\$25/day NM (2nd child)

Passover Camp

Cool games, sports, outings, activities and theme days.
Play with old friends and make new ones. Kindergarten to Grade 6
8:30am-4:00pm
Tues. April 15 PCP3001
Mon. April 21 PCP3002
Tues. April 22 PCP3003
Fri. April 25 PCP3004

\$40/day M \$55/day NM
\$30/day M (2nd child),
\$35/day NM (2nd child)

Connect With Kids (After-School Centre)

Connect with Kids offers a safe, supervised recreational and social group setting for the school-age child. A daily kosher snack is provided along with structured activities, sports and quiet time for homework. This service runs Monday through Thursday for the entire school year. 3:30pm to 6:00pm

TEEN PROGRAMS

Supersitters

Offered in conjunction with St. John Ambulance supersitters prepares future babysitters for the challenges of looking after children. The course covers safety, conflict resolution and emergency procedures. Participants will learn theory and practical elements and before receiving a certificate must successfully complete a final test covering both areas.
Sunday, 1:00pm-4:00pm
March 23-30 or May 4-11
Age: 11+ years
Instructor: St. John Ambulance
\$45M \$65NM
Code: March SUS3001, May SUS3002

Hip Hop Fever

Learn the coolest dance moves. This Hip Hop Aerobic/Dance class is designed to work the cardiovascular system, while teaching the steps to the hottest videos.
Sunday 6:45pm-7:45pm
March 23- June 8
Grade 7-13
Instructor: Aimee Cook
\$50M \$70NM
Code: HHY3001

BBYO (B'nai Brith Youth Organization)

Join B'nai Brith Youth Organizations (BBYO) and take part in countless chapter and regional activities: social, athletic, recreational, conventions, out-of-town excursions, community service, philanthropic pursuits and training as tomorrow's leaders.
Grade: 8 to 13; \$40

Regional Programming Calendar
March 9, Montreal
Council Meeting and AZA Tournament

April 11-13, Montreal, Ruby Foo's
Spring Convention

May 25, Ottawa, SJCC
UJA Walkaton & Aviv Festival

May 30-31, Y-Country Camp, Quebec
Regional Exec Training
June 1, Ottawa
BBQ Bash

Theatreworks

NEW! High School Acting

Theatre sports, improvisation, diction, monologues, scenes. Explore all the basic elements of acting. There will be a showcase at the end of the session.
Thursday 7:00pm-8:30pm
March 27-June 19
Grade: 9 to 13
Instructor: Rena Herman
\$75M \$100NM
No class on April 17, 24, June 5
Code: ACT3001

THE GANON PRESCHOOL

Ganon Preschool Director Jennifer deVries, ext. 280, jdevries@jccottawa.com

Your place to strengthen your child's connection to Jewish life and provide them with an outstanding Early Childhood Education. Licenced by the Ministry of Community and Social Services.

GANON PRESCHOOL

Registration Dates for the 2003-04 School Year

February

3rd Open House, 9am-3pm
(new and returning parents, classes run as usual)
This is your chance to come into the preschool, look around and ask questions, so please join us!

3rd-14th Registration for the 2003-2004 School Year Begins
For SJCC Members presently enrolled

17th-28th Registration for the 2003-2004 School Year
For Non-Members enrolled and SJCC Members not enrolled

March

3rd Open Registration Begins for the 2003-2004 School Year

Gan Tinook-Garden of Babies

Early Two Year Old Nursery

This 'slow separation' nursery program with gradually decreasing parent/care giver interaction will allow your child to develop their creativity, curiosity and independence through play, art, music and more.

Tuesday and Thursday
9:00am-11:00am
M\$1904 NM \$2128

Taf (Time for Two's)

Later Two Year Old Nursery

Is your tot ready for just a little bit more? This two-year-old nursery still maintains a focus on socialization and child development through play, art, music, and more. However we will also begin to introduce new concepts for the children to explore in the environment.

Monday, Wednesday and Friday
9:00am-11:30am
M \$1904 NM \$2128

Bereshith (In The Beginning) -

Three Year Old Nursery

Bereshith welcomes your child into a loving world of self-discovery and learning. Age appropriate readiness skills are taught through an integrated thematic curriculum. Hebrew and French are introduced using songs, books, chants and other interactive methods. A Judaic program provides the children with opportunities to learn about Shabbat and the holidays as well as the importance of the mitzvot of tzedakah (charity) and chesed (kindness). An exciting gym and swim component promotes physical development while library enhances language skills. Giggles and smiles abound in this bright and cheery environment.

Tuesday and Thursday
8:30-11:30am
M \$1617 NM \$1771

Garinim (Seedling)

Four Year Old Kindergarten

Experience what its like to taste wonder, fascination, excitement and fun all at once! Using an integrated thematic approach, the children develop their religion and culture. English, French and Hebrew are combined at their appropriate levels as well as specialty programming in gym, swim, and library. The Judaic component allows children to learn about the Jewish holidays, while also experiencing the joy of 'tzedakah' and 'chesed'.

Monday-Friday
8:30am-11:30am
M \$3969 NM \$4347

Gan Yelladim

(Garden of Children),

3 to 5 Year Old Afternoon Pre-School
A relaxed and stimulating approach to play and learning. Each afternoon focuses on a different theme utilizing specialty programming in swim instruction, gym, music and movement, language, multimedia crafts and more! Sign up for any number of afternoons in any combination.

Monday-Friday
12:30-3:30pm
April 28-June 27

Monday - Castles and Dragons (Includes a 30 minute French Class)

Throughout this unit, your child will learn about life during Medieval Times and help build our very own castle in the classroom.
M \$160 NM \$176

Tuesday - A Time To Grow

(Includes physical education program taught by professional instructors in the SJCC gymnasium).

On Tuesdays we welcome the season by observing and exploring the changes occurring in our environment.
M \$189 NM \$216

Wednesday - Captivating Carle

(Includes a music program taught by a certified music instructor.)

Come meet the Very Hungry Caterpillar and his friend the grouchy Lady bug, too.
M \$189 NM \$216

Thursday - The Science of Water

(Includes Aquafit swimming lessons taught by certified Life Guards.)

Calling all junior doctors to the laboratory! Let's make celery drink and conduct experiments on evaporation.
M \$189 NM \$216

Friday - A Trip To Israel

We will stamp your child's passport on our way to see the sights of Israel through songs, pictures and art activities.

M \$128 NM \$168

Z'Man Kef- After School Care

When the school day is over your child can unwind in a safe and friendly setting, have a kosher snack and participate in various unstructured activities. Pre-Registration is required either by session or daily.

Monday-Thursday
3:30-6:00pm
M \$10/day NM \$12/day

Kinder Care Corner

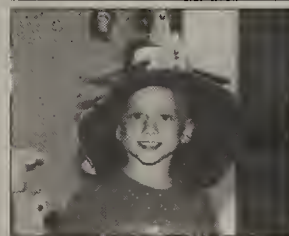
Babysitting Service

This is a Members Only program.

3 months to 6 years

Enjoy some time to yourself in the Center while we care for your munchkin. Lots of TLC will keep them happy and busy while you do your thing!

Monday-Friday 8:30-11:30am
Sunday 9:00am-1:00pm
Cost: \$6 per token, per child.



Volunteer Program

Volunteer for 2 hours in our Kinder Care Corner and receive one free \$6 token. Reservations are required for all children. Each visit is not to exceed 2 hours. Parents and guardians must remain in the SJCC.

For more information or to make a reservation, please call 798-9818 ext. 305.

Parented Music Programs

Musical Babes and Musical Two's
Play rhythm instruments, dance together and learn new songs, rhymes and finger plays. Basic musical theory, such as rhythm, dynamics (loud and soft) and pitch are introduced at the appropriate age. There will also be celebration of the Jewish holidays through songs. An early introduction to music can foster music appreciation, stimulate brain activity and aid in the development of speech.

Musical Babes: 9:00-9:50am

Wednesday

Age: 6-18 months (with adult)

Musical Two's: 10:00-10:50am

Wednesday

Age: 12-2 years (with adult)

April 30-June 18

M \$72 NM \$88

Early Beginnings Daycare Multicultural Child Development Centre



Children aged 18 months to 5 years

The fully qualified staff provides professional care and a special sensitivity to the cultural backgrounds of all children.
Early Beginnings main goal is to provide an environment where children can grow to their personal best, socially, emotionally, physically and intellectually.
Lunch and snacks are kosher.

Licensed by the Ministry of Community and Social Services.
Subsidized spaces available.

Daycare Director: Marie Stavicek • 722-5157

**SJCC Endowment Fund -
Endowment and Bequest Cards
are available for amounts of \$12 and up.
Proceeds help to permanently endow
the Centre's varied programs.**

- SJCC Youth Services Fund enhances youth programming within the centre
- Jewish Men's Softball League Fund-helps children participate in the Maccabi Games
- Greenberg Families Library Fund-goes toward the purchase of Judaic books, software, videos.
- Sharon Koffman Athletic Scholarship Fund-awarded annually to a student who excels in sports.
- Sol and Zelaine Shinder Endowment Fund-assists in funding the Education Resource Centre.
- SJCC Early Childhood Education Fund-help fund the Ganon Preschool
- Jewish Community of Ottawa Summer Camp Scholarship Fund-provides scholarships for children whose families cannot afford the cost of camp.
- SJCC Vered Israel Cultural Program Fund-The Vered Families in conjunction with the SJCC have established a special program to help foster Israeli culture within the community.

To contribute please call Kayla Mallay at 798-4696 ext. 274.

FUNDRAISING
**How you can support
the Soloway Jewish Community Centre**

**6th Annual Celebrity
Sports Dinner - Fall 2003**

Keep watching for details of the upcoming Celebrity Sports Dinner. Last years event raised \$40,000 for the Soloway Jewish Community Centre the Ottawa Senators Foundation and the many charities they fund.

Senators team captain and honorary chair of the event Daniel Alfredsson signs autographs at the 5th Annual Celebrity Sports Dinner.



Golden Circle Benefactor Program

The Benefactor program is four-tiered sponsorship program offered by the SJCC. It is geared to those who want to support the SJCC, but do not require facility utilization. This program offers pricing and tax benefits. For further information contact Anna Silverman at 798-9818 ext. 225, asilverman@jccottawa.com.

Benefactor	\$Range	Benefits	
Platinum	\$1800+	Chai family membership, towel service, locker, Benefactor pricing on all programs	\$1800 Tax Receipt minus value of membership and services
Gold	\$1000-\$1799	Benefactor pricing on all programs Chai membership option	\$1000-\$1799 tax receipt minus value of membership and services
Silver	\$500-\$999	Benefactor pricing on all programs 20% discount on 1 year JCC membership	\$500-\$999 tax receipt minus value of membership and services
Bronze	\$180-\$499	Benefactor pricing on all community-wide events	\$180-\$499 tax receipt

Calling all golfers!



**SJCC/Hillel Academy
2003 Desert Classic
Golf Tournament**



The Centre of Your Life

Thursday, June 12, 2003

Loch March Golf and Country Club

EARLY BIRD REGISTRATION

**Register before March 1 and pay \$150
Register after March 1 and pay \$175**

It pays to register early!



4 simple ways to register:

1. Pick up a registration form at the SJCC front desk.
2. Fax back form with payment or leave it at the front desk.
3. Go to www.jccottawa.com and click on golf tournament to print registration form.
4. Call 798-9818 ext. 444.

(Payment must accompany registration form)

See you on the links!

First-ever "Imagine" weekend

United Israel Appeal Federations Canada (UIAFC), FEDERATION

CJA's ProMontreal and the Federation movement across Canada have created *Imagine*. For the first time in North America, *Imagine* is a weekend that combines inspirational and uplifting speakers with networking opportunities and festivities for young Jewish adults from around the world. Under the honorary chairmanship of Stephen R. Bronfman, *Imagine* will be held from April 4 to 6 at the Hilton Bonaventure in Montreal.

Imagine is highlighted by the International Young Leadership Conference, along with a black-tie gala "Mystery Ball" that is expected to draw 1,000 people from all over the world. It will feature top-tier speakers such as: Dennis Prager, Dr. Ellen Cannon, Rabbi Shmuel Boteach and John Loftus. *Imagine* will allow participants the opportunity to share experiences and insights in the hopes of inspiring young Jewish minds and spirits. From business and entertain-

ment to spirituality, *Imagine* will be an innovative way for young Jewish adults to network, learn and share with each other.

The Mystery Ball is the first international ball for young Jewish people ever held on North American shores. The black-tie affair is being organized to allow guests of the conference to explore Montreal's unique

food, fashion, culture, festivals and nightlife.

Imagine will also feature a spiritual Shabbat experience, a Club Med Day (taking place at the newly-renovated YMWHA Jewish Community Centre), as well as an extension trip to Quebec City.

For more information, visit www.imaginemontreal.com or call the UIA office (798-4696, ext. 246).

Jewish a cappella group to perform at Agudath Israel

Pizmon, the Jewish a cappella group from Columbia University and the Jewish Theological Seminary of America, will be performing at Congregation Agudath Israel, Sunday, March 16 at 7:30 pm. Tickets are \$5 and are available by calling the shul (728-3501).

Pizmon was started in 1986 by four members of the Columbia University community who sought to bring Jewish music to homes for the elderly. Since then, the group has expanded to 17

members and now performs all over the world. In June 2002, as part of a festival celebrating Israel's 54th anniversary, *Pizmon* performed in San Francisco for an audience of nearly 10,000.

Pizmon's trips are funded through regional concerts, CD sales and donations. The community is being asked to provide accommodation for the night of the performance. If you can billet one of the performers and provide a kosher breakfast, please call Agudath Israel (728-3501).

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Detailed with precious marble, gleaming granite and wood cabinetry your condominium home will be timeless in design and grandeur.

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Now is the right time to reserve an appointment to view our model suites or visit our presentation centre to see what unsurpassed quality is all about.

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Mon-Thurs 1 pm - 8 pm. Sat & Sun Noon - 5pm.
Or by appointment. 737-9850

Urbandale
www.urbandale.com

YOUNG ADULTS!

Imagine partying, networking
and taking part in events
that will change your life.

It can only happen in a city like **Montreal**.

The **Mystery** - a black tie affair.

The **Experience** - a two-day international gathering
of young Jewish people,
featuring world-class speakers.

You've heard people say "hold the date".

Well hold your breath because,
for the first time, **Imagine** and all its thrills
will be taking over Montreal.

April 4th-6th, 2003

For information and registration, www.imaginemontreal.com,
or call 798-4696 ext. 246.

Subsidies available. Please call.

YAD
YOUNG ADULT DIVISION





THE BESS AND MOE GREENBERG FAMILY
Hillel Lodge
OTTAWA JEWISH HOME FOR THE AGED
THE JOSEPH AND INEZ ZELIKOVITZ
LONG TERM CARE CENTRE

Your donation to The Bess and Moe Greenberg Family Hillel Lodge assists in providing high quality care for the Jewish elderly.

In Honour of:

Betty Ballon Happy 95th Birthday by Freddie and Ether Ballon and Family; Maurie and Dorothy Karp; Arthur and Gittel Sheffield; Phyllis and Bill Leith.

Phil and Norma Lazear Best wishes in your new home by Freddie and Esther Ballon and Debi and David Shore.

Brian and Lynn Keller Mazal Tov on the birth of your grandchild by The Residents, Board and Staff of The Bess and Moe Greenberg Family Hillel Lodge; Stephen and Debbie Schneiderman.

Myles and Roslyn Taller Mazal Tov on the birth of your new granddaughter by Shirley and Norm Levitt; Phyllis and Bill Leith.

Barry and Gloria Trainoff Mazal Tov on the birth of your granddaughter Lauren Madison by Myles and Roslyn Taller; Phyllis and Bill Leith.

Melvyn and Angie Fields Mazal Tov on the occasion of the birth of your granddaughter Lauren Madison by Myles and Roslyn Taller.

Pat Binder Happy "Special" Birthday by Myles and Roslyn Taller.

Rob and Roz Smolkin Mazal Tov on the birth of your grandson by Phyllis and Bill Leith.

John "Five Eagles" Szuros Mazal Tov on baby Joana by A Touch of Claus.

Herbert Goldenberg and Bluma Dieks Wishing you both a very happy married life by Tanya Firestone and Eleanor Bocian.

Gerry Levitz Mazal Tov upon being awarded "The Golden Jubilee Medal" by Anna and Sam Wex.

Mark and Lillian Zunder Mazal Tov on your grandson Jordan's Bar Mitzvah by Eleanor and Peter Brotman; Phyllis and Bill Leith.

Helene Zaret Mazal Tov on your very "Special birthday" by Harriette and Saul Brotman.

In Memory of

Freda Millstone by Marilyn Adler, David Feldberg and Family; Karen and Ron Feinstein; Pat and Martin Marcus; Sue and Jack Feldberg; Sam, Lisa, Joseph and Sarah Feldberg; Stephen and Debbie Schneiderman; Anne Millstone and Family; Anne and Irving Huss; Edna and Seymour Eisenberg; Karen Clark; David A. Gordon; Sandy and Rob Finkelstein; Carla, Mark, Jason and Corey Gencher; Abe and Ethel Murray; Warren and Jodie Gencher; Lawrence and Bess Weiner; Andrea, Mark, Zack and Jordan Shore; Judy Lazarus and Murray Moss, The Residents, Board and Staff of The Bess and Moe Greenberg Family Hillel Lodge.

Max Lief by Beverly Chodikoff; and Barbara Fine.

Herb Saslove by Beverly Chodikoff; Sarah and Arnie

Swedler; Barbara Fine and Morris and Lillian Kimmel.

Rossie Rose by Beverly Chodikoff; Sid, Sandy and Hillary Cratzburg; Herb and Lillian Laks; Rhoda and George Caplan; Bob and Janet Maidenberg; Ethel and Irving Taylor; Al and Shirley Cohen; Faigie and Phil Stubina; Sheldon and Corinne Taylor; Elissa and Avraham Iny; Phyllis and Bill Leith; Roz and Stan Labow; The Bess and Moe Greenberg Family Hillel Lodge and Frances Rothman.

Freda Hershenfeld by Roz and Steve Fremeth; Stephen and Debbie Schneiderman; The Bess and Moe Greenberg Family Hillel Lodge; Mr. And Mrs. Martin Nadel; Bill and Phyllis Leith; Ethel and Irving Taylor; Danny and Rhonda Levine; Evelyn and Irving Greenberg; Elissa and Avraham Iny; Debi and David Shore; Lawrence and Bess Weiner; Cally and Sid Kardash and Marilyn(Adler), Neil and Daniel Blacher.

Edith Oko by The Residents, Board and Staff of The Bess and Moe Greenberg Family Hillel Lodge; Sandi and Raoul Korngold; Stephen and Debbie Schneiderman; Barry and Bessie Cohen; Evelyn and Irving Greenberg; Linda and Ted Bonder; Elissa and Avraham Iny; Michael and Andrea Malek; Marilyn Adler.

Mina Adler by Marilyn Adler.

Libby Lief by Shirley and Norman Levitt.

Myer Weinstein by Esther Binder.

Libby Brenner by Goldie and Elliot Moraff; and Bill and Phyllis Leith.

Moe Amdursky by Roz and Stan Labow.

Shimon Bank by Barbara Fine.

Malca Goldstein by Bess Benovoy.

Nathan Skulsky by Al and Shirley Cohen; Millie Schaenfeld and Family; and Kathy and Jeff Chelin.

Wolfe Ingber by The Residents, Board and Staff of The Bess and Moe Greenberg Family Hillel Lodge; Marilyn Adler, Phyllis and Bill Leith; Tanya Hordichuk; Communication Canada Group/Quantum; Kelly Murphy; Bonnie McLeod and Nate Rey; Karen and Jon Forsberg; Temporary Recruiters/Quantum, Cybil, Pascal, Tara, Judy, Stephane, Doug and Jean-Clements; Dr. Fred Weiner; George and Andree Acel; Helen Rosenthal; Bruce, Lisa, Nikki and Tess Fischer;

R'Yah Shlema:

Ethel Murray by Sid, Sandy and Hillary Cratzburg.

Bernie Dorfman by Stephen and Debbie Schneiderman.

Elliott Moraff by The Residents, Board and Staff of The Bess and Moe Greenberg Family Hillel Lodge.

**THE LODGE EXPRESSES
ITS SINCERE APPRECIATION
FOR YOUR KIND SUPPORT**

Please accept our apologies if we misspelled
or omitted anyone's name.

**ATTRACTIVE CARDS AVAILABLE
All Occasion Cards**

Here's a good opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time assist The Bess and Moe Greenberg Family Hillel Lodge. Contributions are tax deductible. Card orders may be given to Phyllis at 728-3900 ext. 111 or to the Receptionist. Cards start at \$12. Contributions are tax deductible. We accept cash, cheques, Mastercard and Visa.

"GIVING IS RECEIVING"



Trampolinists bounce to success!

Spring Action Trampolinists Kelly Vertes, Erica Weinstein, Sophie Moher and Michael Gaty had a very successful weekend at the 2nd Ontario Trampoline Cup in Orangeville in January.

At his very first Trampoline competition Michael Gaty performed exceptionally well earning a bronze medal in Provincial 3 Men's Trampoline and a silver medal in the Provincial 2 Men's Double Mini-Trampoline event.

Erica Weinstein was the Silver medallist in Provincial 3 Women's Trampoline followed by teammate Sophie Moher in 5th place. Moher and Weinstein also teamed up to take the Silver in Provincial 2 Synchronized Trampoline.

In Provincial 2 Double Mini-Trampoline the Spring Action girls put in very strong performances with Sophie Moher taking the silver, Erica Weinstein earning

the bronze and Kelly Vertes very close behind in 4th place.

In individual trampoline, Kelly Vertes placed a very respectable 7th in the difficult field of Novice National Women. Kelly's performance earned her the opportunity to compete at the Canadian Trampoline and Tumbling Championship.

David Gaty placed 2nd in Provincial 1 Boys at the 1st Ontario Cup held in November. He hopes to be recovered from a skiing injury in time to compete in the April Ontario Championship.

Sophie, Erica, Kelly and Michael have earned their way to the Ontario Championships in Oakville in April, and will also represent Spring Action at the National Age Group Games in May.

The 3rd Ontario Cup for Trampoline will be held at St. Patrick's High School March 1-2, 2003. Spectators are welcome!

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English, Hebrew & French • Full Preschool & Elementary School



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Power, philanthropy, dare to dream theme of Lion of Judah conference

By Ethel Taylor

As we walked through the doors to the International Lion of Judah Conference in Washington, DC, last October, a feeling of pride and utter astonishment swept over us.

There we were – Dorothy Nadolny, Elissa Iny, Daphne Arron, Linda Nadolny-Cogan and I – awestruck to be in a room where there were more than 1,000 Lions of Judah proudly wearing endowment pins.

The women in that room alone have collectively raised over \$10 million to help local communities as well as world Jewry. The theme of the conference was truly appropriate, *Power, Philanthropy, Dare to Dream*.

Throughout the conference, there were many inspirational speakers, all exemplifying the main ideal of the conference: *power* – the will to go on, in spite of everything against you.

That is Shoshana Gottlieb. She survived! Her life has completely changed since she

took the bus to visit her son for Shabbat. She went numb as bullets went screaming past her. If she had not bent down to pick up an orange that had fallen, she most certainly would have died.

There was sadness in her voice – for she will never walk again. Her words make me remember why I give, why I care. From the moment she was rushed to the hospital, UJA was there. We not only provided financial support throughout her rehabilitation, but members of UJA-supported social welfare programs also constantly visited her. I cannot fathom the pain she must be going through, but I am glad she knows she does not have to go through it alone.

The second theme of the conference was *philanthropy* – a love of humankind; an effort to promote well-being of one's fellow people.

Eve Ensler, the author of the *Vagina Monologues*, is a philanthropist in every sense of the word. She has not only established programs and safe houses to help women in

desperate situations, she also encourages others to join in her crusade to make the world a safer place.

The last speaker was Linda Kaplan Thaler, the CEO of the advertising firm, Kaplan Thaler Group Ltd. She is committed, passionate and caring, but she has not always been. Kaplan Thaler always gave, but it was not until she made a trip to Israel with her uncle that she understood why it is important to give. We give

because it is who we are! We look after each other – those we know and those we don't.

Thaler concluded with a quote from Anne Frank, "How wonderful it is that nobody needs to wait a single moment before starting to improve the world!"

Ethel Taylor, Daphne Arron, Dorothy Nadolny, Linda Nadolny-Cogan, Elissa Iny at the Lion of Judah Conference



Tamir Judaic Outreach Programs

February/March 2003

Leah Smith, Judaic Program Coordinator • 266-0544

Date	Program	Place	Time
Mondays	Bat Mitzvah Program Cantor Benlolo	Tamir Day Program 11 Nadolny Sachs	6:00-7:30
Wednesdays	Tamir Choir Leah Smith	Tamir Day Program 11 Nadolny Sachs	5:00-6:00
Wednesdays	Judaic Studies Class Cantor Benlolo	Tamir Day Program 11 Nadolny Sachs	6:00-7:30
Thursdays	Bar Mitzvah Class Cantor Benlolo	Tamir Day Program 11 Nadolny Sachs	6:00-7:30
Thursday February 6	Benefit Concert with Cantor Benlolo	Centrepointe Theatre in honour of Herb Gray	7:00-9:30
Sunday February 16	Torah Stories and songs	Rideau Regional Smiths Falls RSVP	11:00-3:00
Friday February 21	Community Shabbat Dinner	Tamir Day Program 11 Nadolny Sachs RSVP	5:30-8:00
Sunday February 23	Pizza & Movie "I Am Sam"	SJCC Classroom 5 Upper Level \$5.00	4:30-7:00
Sunday March 9	Cooking & Noshing Hamantaschen	Leiba's 52 Sai Crescent RSVP	1:00-4:00
Wednesday March 12	Mezuzah Workshop with Rabbi Blum	Tamir Day Program 11 Nadolny Sachs	6:00 – 7:30
Sunday March 16	Purim Celebration	Rideau Regional Smiths Falls RSVP	11:00 – 3:00
Monday March 17	Megillah Reading & Purim Party	Beth Shalom West 15 Chartwell Avenue	6:00 – 8:30
Friday March 21	Community Shabbat Dinner	Tamir Day Program 11 Nadolny Sachs RSVP	5:30 – 8:00

Mazal Tov!

Married!

Mazal Tov to Sandy and Harvey Kaplan on the recent marriage of their son Adrian to Jennifer, daughter of Esther and Bruce Glazer of Toronto.

It's a boy!

The Krongold/Schechtman/Schwartz families (Ottawa) and the Diamond/Rubin families (Toronto) rejoice at the birth of Jayrd Noah Diamond on January 24, 2003 to proud parents Nisa Krongold and Matthew Diamond.

It's a boy!

Sharon Clark and Martin Scheinberg are pleased to announce the birth of their son Ronald Jared on January 28, 2003. The proud grandparents are Tova Clark and Lorne Clark, Sandra and Stephen Scheinberg (Montreal).

It's a boy!

Judith and Edward Borts are delighted to announce the safe arrival of their third grandchild, born on January 10, 2003 in Tel Aviv, Israel. Aviv is the son of Yehoram

and Lillian (Safran) Shaked, baby brother of Maya and first nephew of Alana Safran. Other proud grandparents are Tibor Safran of Ottawa, Gena and Mordechai Shaked of Be'er Sheva and great-grandma, Myrtle Borts of Ottawa, B.H.

It's a boy!

Lynne and Barry Shulman and Ruth Berman are thrilled to announce the birth of their grandson Benjamin David on January 4, 2003. Proud parents are Rohyn and Jason Berman. Proud great-grandparents are Fay Shulman, David Kronick and Celia and Harry Berman. Benjamin David is named in loving memory of his grandfather the late Neil David Berman.

Engaged!

Cynthia and David Blumenthal are pleased to announce the engagement of their daughter Dalia to Eran Farajun, son of Sarah and David Farajun of Toronto, Ontario. A summer wedding is planned.



Made with Love

Cindy Feingold

The Ultimate Mashed Potatoes

We keep kosher at home and I have never been happy with mashed potatoes served with a meat meal. They never tasted quite right mixed with chicken stock, potato water or fake cream (non-dairy creamer). I would only make mashed potatoes if we were having fish.

But last week, I was inspired to mix the potatoes with soy milk. What a revelation. They were great. Just make sure not to buy the vanilla flavoured soy milk by mistake!

3 pounds Russet or Yukon Gold potatoes
(about 6-7 medium potatoes)

3/4 to 1 cup milk, soy milk or half and half, heated
4 tablespoons butter or margarine, melted
Kosher salt and freshly ground pepper, to taste

Place washed, unpeeled potatoes in a large saucepan. Add enough water to cover potatoes. Bring to a boil, reduce heat and simmer potatoes for about 30 minutes, until just tender. You should be able to insert the tip of a paring knife without too much resistance.

Drain and peel potatoes using a paring knife. Set food mill, fitted with the finest disc, over a large bowl. Cut potatoes into chunks and puree in the food mill, or mash using a hand held masher. Mix in melted butter, half the heated milk, and salt and pepper. Taste. If you like your potatoes softer, add more milk.

Mashed potatoes: the ultimate comfort food

Without a doubt, mashed potatoes are the ultimate comfort food for me. When I was pregnant with my first child, my chef at work would make me a big bowl of mashed potatoes with cheddar cheese for lunch - every day. Needless to say, I gained 40 pounds during that pregnancy.

Children dream about a make your own ice cream sundae bar, with toppings of chocolate, butterscotch and strawberry sauce, chopped nuts, whipped cream, maraschino cherries, and sprinkles. I dream about a mashed potato bar. I get weak just imagining a party where scoops of mashed potatoes are set out in martini or sundae glasses. You could choose from caramelized onions, roasted garlic, horseradish, fontina, cheddar or goat cheese, or sautéed porcini mushrooms. I just may be onto the next hot party trend!

The variety of potato you choose really makes a difference in the ultimate finished quality of your mashed potatoes. High starch potatoes like Yukon Gold or Russet, produce the fluffiest mashed potatoes. Whichever potato you do choose, just make sure to cook them whole and

with the skin on. Otherwise they absorb too much water during cooking.

The tool you choose for mashing will also affect the final outcome of your mashed potatoes.

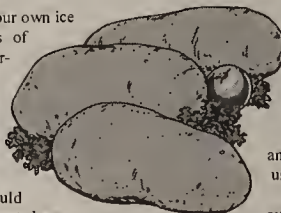
Never use a food processor. You will end up with wallpaper paste. The traditional hand potato masher is the tool of choice if you like your mashed potatoes a little lumpy.

If like me, you prefer them smooth and fluffy, then the best tool to use is either a ricer or a food mill.

A ricer looks like a giant garlic press and I find that it takes a bit of strength to use one.

The food mill gets my vote for turning out the best mashed potatoes. They start at about \$25 and can be found at most kitchen specialty shops. It is a great investment and you will find yourself using it for making applesauce, raspberry coulis and even baby food.

While I could make a meal out of just mashed potatoes, my family insists on having something else with their potatoes. Just in case your family is like mine, I'm also including a recipe for roast chicken.



Roast Chicken

The main problem with roasting a whole chicken is that it contains both dark and white meat. Dark meat takes longer to cook, so by the time the dark meat is properly cooked, the breasts are overcooked and dry.

In their Jan/Feb 1996 issue, *Cook's Magazine* took up the challenge of producing a perfect roast chicken. They roasted 14 chickens, testing variables such as oven temperature, type of roasting rack, basting or not, trussing or not and turning the bird or not.

Below is their recipe for roast chicken. I have made it many times and it always comes out delicious.

Cook's calls for roasting the chicken on a V shaped rack. These are available in many kitchen specialty shops starting at about \$11. If you don't have one you can just use a regular rack and use balls of tin foil to keep chicken propped up on its side. Knowing when the chicken is done is made simple with the use of an instant read thermometer. You can get a non-digital

model for about \$10. I use mine all the time when I'm barbecuing.

1 roasting chicken (about 3 pounds), rinsed and patted dry with paper towels
2 tablespoons butter or margarine, melted
Kosher salt and freshly ground black pepper

Place shallow roasting pan in oven and heat oven to 375 degrees. Brush chicken with butter or margarine and sprinkle liberally with salt and pepper.

Remove heated pan from oven and set V rack in it. Place chicken on rack, wing side up. Roast 20 minutes, then rotate chicken, other wing side up. Roast 20 minutes, and then rotate chicken breast side up. Roast until instant read thermometer inserted in breast registers 160 and in thigh registers 165 to 170, about 15 minutes longer. Transfer chicken to cutting board and let rest 20 minutes. Carve and serve.

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OTTAWA JEWISH SCHOOLS

- Torah Academy is looking for a tutor to help a student with English and Hebrew reading skills. No special literacy training necessary.

For more information on any of the above, please call Beverly Grostern (304) or Roslyn Wollock (313) at 722-2225.

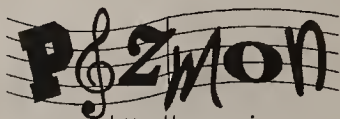
These are just a few of many volunteer opportunities available in our community.

For more information about volunteering, call 798-4696, ext. 299.

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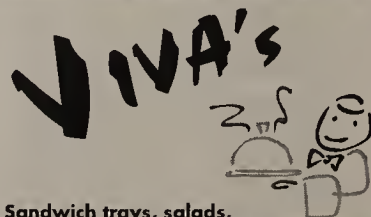
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Kid Lit

Deanna Silverman

According to philosopher George Santayana: "Progress, far from consisting in change, depends on retentiveness. Those who cannot remember the past are doomed to repeat it." Let us, therefore, look to the past.

Though focusing on Jewish history in the United States, the following two non-fiction books are informative and user-friendly introductions to a variety of themes that apply to the North American Jewish experience as a whole.

Forged In Freedom

Shaping The Jewish-American Experience

By Norman H. Finkelstein

Illustrated by Selina Alko

The Jewish Publication Society 2002

204 pps. Ages 10 and up

Forged In Freedom is a thematic, mainly 20th century, social history of American Jewry. Although the first 23 Jewish immigrants, Sephardic Jews, arrived in New Amsterdam in 1654, Finkelstein doesn't mention them until page 57 and then almost in passing.

Indeed, with a few notable exceptions, Finkelstein treats American Jewish history as if Sephardic Jewry wasn't part of it. Rather he concentrates on the historical experiences of the massive Ashkenazi Jewish immigration, first the large German-Jewish influx that began in 1848 followed by vast numbers of East European Jews starting in 1881.

From this perspective Finkelstein's early chapters, of necessity, focus on events in New York City, primarily the Lower East Side: the clash between Reform and Orthodox Jewry, Jewish involvement in the birth of the labour movement, and early attempts at self-help and self-regulation.

Using broad brush strokes, Finkelstein describes the major themes and pivotal points of American-Jewish history, identifying and discussing key players. Underlying this overview is the first theme: the clash of Old World religious values and customs with both the need and desire to fit into the New World, to become true Americans.

Interlinking themes include: the simultaneous strug-

gles to make a living, promote legal/social rights, and fight against anti-Semitism; Jewish involvement in American culture, sports, and politics; secular education as the path to Americanization; American-Jewish reaction to the Holocaust, to the birth of Israel, and to the Six Day War; the changing face of American Jewry, including the role of women; American Jewry's changing relations with Israel; and, finally, a brief overview of present and future concerns.

Whether read cover-to-cover or used for a quick fix on a specific topic, *Forged In Freedom* – replete with sidebars, photographs, timeline, bibliography, and index – is an fast-paced introduction to the fascinating history of American Jewry in the 20th century.

In October 2002, its author, Norman Finkelstein, was awarded the 2001-2002 National Jewish Book Award for Children's Literature for *Forged In Freedom*. A double Bravo!

97 Orchard Street, New York Stories Of Immigrant Life

By Linda Granfield

Photographs by Arlene Alda

Tundra Books 2001

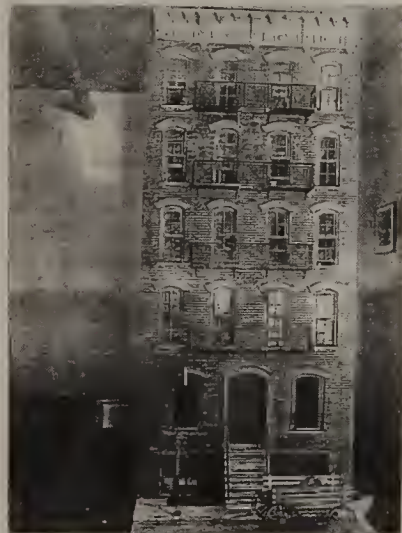
56 pps. Ages 10 and up

Today, 97 Orchard Street, New York is the site of the Lower East Side Tenement Museum. But it was built in 1864 when the word "tenement" simply meant a building that was occupied by three or more unrelated families. Over time the connotation of that word changed forever.

As large numbers of European immigrants, Jews and non-Jews, settled in New York's Lower East Side, "tenement" came to be associated with the cramped slum living conditions of the poor. Both the museum and this book depict the times when 97 Orchard Street, five floors and a basement, was the overcrowded home of 20, often large, immigrant families.

The book's storyline of immigration and the rise of the Lower East Side is told in broad generalizations punctuated by graphic verbal and photographic details about the daily hardships of four families who lived at that address – the Gumpertz, the Confino, the Rogarshevskys and the Baldizzis.

What makes this book different from most other books dealing with Jewish



from 97 Orchard Street, New York

immigration is that the Jewish stories are presented in context with those of other immigrants of the time. Readers are told and shown a clear narrative. This is what life was like for all of them. This is how they handled it. And this is what happened to them.

Excellent archival photographs and new photographs by Arlene Alda encourage readers to empathize with the experiences they are reading about. *97 Orchard Street, New York* provides solid information in a useful, fast read format.

Although a Canadian book on an American subject, The New York Public Library selected *97 Orchard Street, New York* as a 2002 Book for the Teen Age and PBS deemed it an education selection. Bravo Linda Granfield!

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Global Shtetl The Jewish Internet

Saul Silverman

I've been following the Israeli election closely and I'm finishing this column the day that complete "unofficial" results were posted. Through the Internet, I've been able to use Israeli sources, so that I'm not completely dependent on the biases of outside observers.

Despite its extreme commitment to democratic representation of every shade of opinion, the Israeli political process is hardly likely to be emulated elsewhere. Almost anyone can form a party. In this election, there were 28 contenders (see the summary of parties and their positions at http://www.judaism.about.com/library/israel/elections/bl_elections2003_parties.htm). Despite the low percentage of votes required to qualify for a Knesset seat (1.5 percent in contrast to four or five percent in most single list proportional representation countries), only 13 of the parties won

Will Israel have a stable government?

enough votes to gain seats in the Knesset and only six got five percent of the vote or over.

A few weeks before the election, the likely shape of the results became quite clear:

- 1) A significant gain for Likud, which would give it over half the Knesset seats required to form a governing coalition. The actual results show that Likud raised its seats from 19 to 38 in the 120 member Knesset.
- 2) A significant drop in Labor's seats (results: from 26 down to 19).
- 3) Major gains for the centrist parties as a group, particularly Shinui, which opposes the influence of ultra-Orthodox parties (an increase from six to 15 seats made Shinui the third party).

Why did this happen? The international media often interprets Israeli politics solely in relation to the Palestinian question. Undoubtedly, the peace/security issue and terrorist attacks were key to this election. But I believe that the meaning and significance of the election results reflect wider shifts in Israeli politics and society.

Israel may be emerging from a 25-year transition in its political dynamic. For almost 50 years, from 1931 to 1977, the dominant player in both pre-statehood and post-1948 politics was the democratic left. In 1977, Menachem Begin came to power. Since then, Labor and Likud have often been forced into coalition, sometimes involving agreement to switch prime ministers halfway between elections. Parties with a fraction of the total vote have been able to bargain for significant policy leverage as the price for providing the last few Knesset votes required to create and sustain a government.

There is one over-riding fact about the results, despite some handwringing over the election (Abroad: what will this mean for the 'poor Palestinians'? In Israel: can a strong coalition be created?). The electorate created an opportunity for a more stable coalition to meet the extreme challenges that the country faces. Will the politicians follow through?

The three leading parties got almost 60 per cent of the votes and hold a total of 71 seats. Despite Labor leader, Amram Mitzna's controversial election stance that he would not participate in a coalition with Ariel Sharon, former Labor leaders Shimon Peres and Binyamin Ben-Eliezer have already indicated that Mitzna may not speak for the party caucus. Tommy Lapid, Shinui's leader, favours a national unity government. The inclusion of the National Religious Party, which has supported the status quo, should not be an insurmountable obstacle for a coalition that includes Shinui. This would lead to a

government more widely representative of Israeli society than numbers alone suggest. A coalition based on strength and with fewer parties is a promising possibility. Hopefully, it will be tried, rather than relapsing to "more of the same," an option that seems to have been rejected by Israel's citizens.

Some Israeli sources

The Israeli Ministry of Foreign Affairs has a concise background on Israeli elections (<http://www.mfa.gov.il/mfa/go.asp?MFAH0mpg0>). CNN's Israeli correspondent, Jerrold Kessel, provides a question-and-answer brief on the elections at <http://www.cnn.com/2003/WORLD/meast/01/23/israel.scenesetter.ots/index.html>.

A timeline, with context, on Israeli politics can be found at <http://www.mapreport.com/subtopics/p/countries/israel.html>. The official source for the election and for detailed results is the Knesset website (<http://www.knesset.gov.il/elections16/eng/index.htm>), while the Maven search engine provides a detailed directory of 2003 Israeli election material (<http://www.maven.co.il/features/IsraelElections2003.htm>).

The key Israeli newspapers that are available in English have special websites covering the election and its coalition-building aftermath: Ha'aretz, a quality newspaper leaning to a moderate, and critical, pro-Labor interpretation (<http://www.haaretz.com/hosen/pages/IsraelElections.jhtml>) and the Jerusalem Post, pro-Sharon, but not uncritically so (<http://info.jpost.com/C002/Supplements/Elections2003>).

Note: As addresses tend to be lengthy, some may have been hyphenated when extended to another line. Readers

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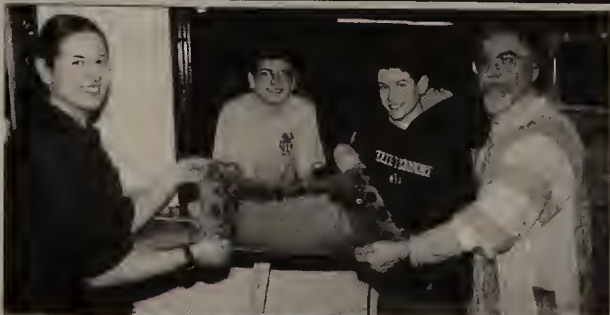
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Arielle Goldman-Smith, Michael Garfinkle, Charles Garfinkle, Principal Hillel Taub at the Ottawa Modern Jewish School's Tu B'Shevat celebration.

A Canadian Tu B'Shevat to remember

By Michael Rosen

When we look at our snow-covered, windswept -25°C backyards in January, the idea of celebrating a Jewish Arbor Day (Tu B'Shevat) can make little sense. The holiday is usually spent profiling and highlighting the Jewish National Fund and Israel. Sometimes, the significance of Tu B'Shevat is lost on many youngsters here in Ottawa.

Recently the students of the Ottawa Modern Jewish School (OMJS) were treated to a different sort of Tu B'Shevat: a full-blown tree celebration involving hands-on activities and presentations. Under the direction of Principal Hillel Taub and Vice-Principal Miriam Lerson-Hameiri, the school was turned into a tree huggers' paradise!

"I wanted to do something different," said Taub, "to bring focus to our strong links to Israel as well as let the kids realize the relevancy of trees in their lives here in Ottawa. We were fortunate

that one of our parents, Michael Rosen is a professional forester and was willing to help organize these special activities."

In my capacity as the vice-president of the *Tree Canada Foundation*, an Ottawa-based tree planting charity, I visited each classroom and talked about the importance of trees to our lives in terms of water protection, oxygen production and wood products. Next, the whole school was invited to participate in the following four exciting hands-on activities: germinating a white spruce tree, estimating the height of a tree and using a tree key to key out pine needles and the most popular, a

papermaking workshop. The latter was provided to gain an appreciation of the complex and detailed process of making recycled paper. Once the "paper" was dry, the students cheerfully wrote messages and signed their names on the newly constructed paper. Today, they are proudly displayed on the bulletin board at OMJS.

If nothing else, the students came away with a greater appreciation and love for trees (and a loot bag of delicious fruits), the teachers with more material on Tu B'Shevat and the teaching assistants with an appreciation of the energy (both physical and electric) that goes into making paper!

Ottawa Post Jewish War Veterans of Canada is offering an award in the amount of \$1,000 to a deserving student

The Jewish War Veterans of Canada, Ottawa Post, is pleased to offer a cash award in the amount of \$1,000 to a Jewish student who is pursuing a post-secondary education. Applicants must be between the ages of 16 and 19 years on or before the 31st day of May 2003 and a resident of the National Capital Region.

In the letter of application, candidates will provide evidence of superior qualities of leadership, good citizenship, scholarship and sportsmanship at school, within the Jewish community and the community at large.

All applicants should provide a letter stating why they think they are eligible. Enclose any support material you may think relevant, to be received no later than April 30, 2003. Send submissions to:

Freda Lithwick
Awards Committee
Ottawa Post
Jewish War Veterans of Canada
46 Hutchison Avenue
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The Tamir Foundation acknowledges with sincere thanks the following donations which were received as of January 24, 2003.

Mazal Tov to:

Mr. and Mrs. Ernie Goldberg on Ryan's Bar Mitzvah by Philip and Elaine Hauptman.

Ryan Goldberg on his Bar Mitzvah by Michael and Sylvia Caplan.

Mr. Arnell Goldberg on his special birthday by Paula and Manny Agulnik.

Dr. and Mrs. H. Rabinovitch on Daniel's engagement by Vera and Malcolm Glube.

Dr. and Mrs. David Malek and family on Bat Mitzvah of granddaughter Sara by Debbie, Norm and Vicky Ferkin.

Mr. and Mrs. Morton Pleet on their 50th wedding anniversary by Debbie, Norm and Vicky Ferkin.

Mr. and Mrs. Dave Molot on their 60th wedding anniversary and to Dave on his 90th birthday by Debbie and Norm Ferkin.

Mr. and Mrs. Michael Feldman on Mark's engagement to Allison by Ros, Michael, Steven, Bobby and David Wollock.

Mr. Eli Hoffman on his birthday by Doris and David Hoffman.

Mrs. Mary Potechin on her birthday by Doris and David Hoffman.

Mr. Ernie Potechin on his special birthday by Leonard and Mary Potechin.

Mrs. Betty Ballon on her special birthday by Freda and Maxwell Lobel.

Mr. David Dimitroff on his Bar Mitzvah by Dr. and Mrs. W. Hendelman.

Rabbi and Mrs. A. Fine on the birth of their grandson by Susan and Jonathan Fisher.

Russell and Dawn Molot on the birth of Tania Rose by Mark Borts.

Refuah Sh'lemah

Mr. Irwin Brodo by Kathryn Palmer.

Mrs. Ethel Murray by Morton and Sylvia Pleet and by Jerry and Lily Penso.

Mr. Martin Ginsburg by Sue and Jon Fisher and by Russell Glatt and Dora Glatt.

Mrs. G. Spergel by Bert and Kathryn Palmer.

In Memory of:

Joyce Steinberg by Mr. and Mrs. L. Kevanstein.

Esther Shapiro by Vera and Malcolm Glube.

Libby Lief by Ethlyn, Barry and Sarah Agulnik and by Doris Hoffman.

Morris Cantor by Bert and Kathryn Palmer.

Max Lief by Jerry and Lily Penso.

David Cramer by Jerry and Lily Penso; by Russell Glatt and Dora Glatt; by Marilyn and Sherry Schwartz and by Marilyn and David Binder.

Sylvia Bodnoff-Reiter by Freda and Maxwell Lobel.

Aviva Heller by Ethlyn, Barry and Sarah Agulnik.

Ruth Anne Bennett by Tom Johnston.

Father of Peter Messier by Jerry and Lily Penso.

Helen Wortsman by Lolly Frankel.

Malca Goldstein by Leonard and Mary Potechin and by Faye and Arnold Tennenhouse.

David Horwitz by Richard Addelman and Rhona Rind and by Schvan and Harris Stein.

Larry Sommers by Teena and Walter Hendelman.

Freda Hershenfield by Faye and Arnold Tennenhouse.

Bessie Resnick by Susan and Jonathan Fisher.

Mother of Amnon Hameiri by Mark Borts.

Karl Waserman by Julie Mintz; by Ernie and Sadie Waserman; by Freda and Maxwell Lobel; by Jack and Goldie Lobel and family.

General

In appreciation to Dr. Faye Goldman and Dr. Norman Barwin by Zelda and Stephen Shore.

Wishing a Happy Chanukah to Mr. and Mrs. Chuck Merovitz by Lee and Debbie.

In appreciation to Mr. and Mrs. David Kwanlick by Israel Shames.

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Mazel Tov to:
Jennie and Paul Claman on the birth of their grandson Binyamin Zev and on the engagement of their daughter Mira by Margie, Aaron, Adam and Elana Moscoe.
In memory of:
Adina Ben-Porat by Moshe and Lily Feig and Chaim Feig.
Libby Lief by Adele and Jeff Sidney.

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In memory of:
Herbert "Herbie" Saslove by Donna and Steven Guttman.

HILLEL ACADEMY ENDOWMENT FUND

Mazel Tov to:
Bernard and Carole Starkman on becoming grandparents by Lily and Moshe Feig.
Speedy recovery to:
Isaac Iriguyen by the Staff of Hillel Academy.
In memory of:
Marcel Van Oam by Marcia Saipa.

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Mazel Tov to:
Simmy Gardner on the birth of her grandson Jacob Charles by Carole and Norman Zagerman.
Fran and Mort Ross on the engagement of their son by Ed and Betty Rose.
Hyman and Anna Rabinovitch on the marriage of their

son Daniel by Ed and Betty Rose and family.
Amie and Roslyn Kimmel on the engagement of their son Michael to Sandra Nagy by Janet and Norman Ironstone.

Mazel Tov to: Geri and Sid Goldstein on the birth of their granddaughter Miriam Levant by Janet and Norman Ironstone.

Paul and Rhoda Bregman on the engagement of their son Bram to Chani Pfeiffer by Janet and Norman Ironstone.

Carole and Norman Zagerman in their new home by the Ottawa Jewish Community Foundation/United Jewish Appeal of Ottawa.

In observance of the Yahrzeit of:
Dora Litwick, a beloved mother by Sarah Green.
Dora Litwick, a beloved mother by Sidney Litwick.
Dora Litwick, a beloved mother by Norman Litwick.
In memory of:
Chaim Abenheim by Kayla Mallay.
Freda Hershenfeld by Moshe and Lily Feig.

JEWISH YOUTH LIBRARY ENDOWMENT FUND

Mazel Tov to:
Dr. Josef and Vera Strauss on the marriage of their son Daniel to Ovedes by Dr. and Mrs. Joseph Caylak.
Dr. Irwin and Ani Hineberg on the birth of their grandson by Dr. Joseph and Deborah Caylak.
With appreciation to:
Rabbi Yossi and Belle Rubashkin and family by Dr. and Mrs. Joseph Caylak and family.
In memory of:
Solomon Goodby by Dr. Joseph and Deborah Caylak.
Ressie Rose by Dr. Joseph and Deborah Caylak.
Sara Ostreiga by Dr. Joseph and Deborah Caylak.

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Mazel Tov to:
Ani and Irwin Hineberg on the birth of their grandson by Adele, Jeff, David and Rachel Sidney.
Jennie and Paul Claman on the birth of their grandson Binyamin Zev by Marlen and Elaine Brodsky and family.

SCLOWAY JEWISH COMMUNITY CENTRE ENDOWMENT FUND

In appreciation to:
Diane and Ed Zeitman by Kathi Kovacs and Irwin Schwellzer.

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Best birthday wishes to:
Morgan Maxwell on her birthday by her friends at Ganon Preschool.
Samara Sienhthal on her birthday by her friends at Ganon Preschool.
Noah Belman on his birthday by his friends at Ganon Preschool.
Daniel Novick on his birthday by his friends at Ganon Preschool.
Rachel Smith on her birthday by her friends at Ganon Preschool.

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following funds as of January 29th, 2003.

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In memory of:
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Freda Hershenfeld by Myra and Gordon Allice.
Freda Millstone by Myra and Gordon Allice.

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In memory of:
Chester Fry's daughter by the Appovite family.
Edith Oke by the Appovite family.

ALYCE AND ALLAN BAKER FAMILY FUND

Mazel Tov to:
Paul and Rhoda Bregman on the engagement of their son Bram to Chani Pfeiffer by Alyce and Allan Baker.
Morty and Fran Ross on the engagement of their son Jonathan by Alyce and Allan Baker.
Barbie Farber on being the recipient of the Queen's Jubilee Gold Medal by Alyce, Allan, Michael and Lauren Baker.
Stan Katz on his special birthday by Alyce, Allan, Michael and Lauren Baker.
Cynthia and David Blumenthal on the engagement of their daughter Dahlia by Alyce, Allan, Michael and Lauren Baker.
In memory of:
Allan Colton by Alyce, Allan, Michael and Lauren Baker.

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Mazel Tov to:
Charlotte and Ben Tucker on their 50th wedding anniversary by Mabel and Lou Litwin.
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In observance of the Yahrzeit of:
Doris Torontow, a beloved mother, grandmother and sister by Rhoda Bodnoff and family.

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Mazel Tov to:
Linda and Archie Cogan on the birth of their grandson Liam Sage by Millie and Percy Weinstein.
In memory of:
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Morris Cantor by Barry and Marcia Cantor and family and Judith and Chaim Shlomo Aliman and family.

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Arthur and Linda Cogan on the birth of their grandson Liam Sage by Laurie Nadolny and Bill Green and family.
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Ralph and Carol Kasse on their 30th wedding anniversary by Lisa and Fred Cogan.
Amei Goldberg on the birth of his granddaughter by Lisa and Fred Cogan.

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Cynthia and David Blumenthal on the engagement of their daughter Oshah to Eran Farajon by Ronny and Anna Cantor.
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In memory of:
Freda Hershenfeld by Ronny and Anna Cantor.

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Stephen Miner's father by Steven and Carolyn Cohen.

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Laura Spergel by Louis and Barbara Fine.

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Sam Firestone on his 50th birthday by Claire and Irving Bercovitch.

GILDA/MAOZ FAMILY FUND

Mazel Tov to:
Edie Landau on the birth of her grandson Eliezer Yaakov

Continued on page 21

FOUNDATION DONATIONS

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by Tal, Shami, Paz, Eitan and Hadar Maoz.

Phil and Norma Lazear in their new home by Tal, Shami, Paz, Eitan and Hadar Maoz.

In memory of:

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Myer Bloomberg by David Waserman.
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Mazel Tov to:

Elissa and Abraham Iny on the engagement of their son Daniel to Megan Stephens by Malcolm and Vera Glube.
In memory of:

Jack Abrams by Malcolm and Vera Glube and family.

EVA, DIANE AND JACK GOLDFELD MEMORIAL FUND

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Max and Ruth Levine on the engagement of their daughter Shira Leah by Anita and Ed Landis, Richard and Evan.
Speedy recovery to:

Marlin Ginsburg by Anita and Ed Landis and family.

In observance of the Yahrzeit of:

Jack Goldfield, a beloved brother and uncle by Anita and Ed Landis, Richard and Evan.
In memory of:

Sylvia Bodnoff Reiter by Anita and Ed Landis and family.
Irene Bell by Anita and Ed Landis and family.
Judie Ross by Anita and Ed Landis and family.

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Alla Levin on her special birthday by Enid and Jeff Gould and family.

VICTOR AND RACHEL GOULD ENDOWMENT FUND

In memory of:

Herbert "Herbie" Saslove by Rae Gould; and by Joan and Russell Konick.
Freda Hershtenfeld by Joan and Russell Konick.

GREENBERG, HUTT, KONICK ENDOWMENT FUND

Mazel Tov to:

Helen Salpe on the birth of her great-granddaughter Miriam Levant by Morrie and Rose Konick.

In memory of:

Herbert "Herbie" Saslove by Morrie and Rose Konick.

HY AND PAULINE HOCHBERG ENDOWMENT FUND

R'huah Sh'lemah to:

Rose Goldberg by Pauline Hochberg and Brian Hochberg.

In observance of the Yahrzeit of:

Hy Hochberg, a beloved husband, father and grandfather by Pauline Hochberg and family.

RHEA AND JEFF HOCHSTADTER FAMILY FUND

Mazel Tov to:

Tal and Shami Maoz on the Bar Mitzvah of their son Eitan by Jeff and Rhea Hochstadter, Elana and Lorne.
Ethel Epstein on her special birthday by Jeff and Rhea Hochstadter, Elana and Lorne.
In memory of:

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Herbert "Herbie" Saslove by Jeff and Rhea Hochstadter, Elana and Lorne.

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Mona and Ron Goldsmith on the engagement of their son Lyle to Ann by Dorothy and Maurie Karp.
R'huah Sh'lemah to:
Maurie Karp by Dorothy and Maurie Karp.

KERSHMAN FAMILY ENDOWMENT FUND

Mazel Tov to:

Paul and Rhoda Bregman on the engagement of their son Bram to Chani Pfeiffer by Mrs. Harry (Sylvia) Kershman.
Rose Bregman on the engagement of her grandson Bram to Chani Pfeiffer by Mrs. Harry (Sylvia) Kershman.
Mr. and Mrs. Sam Brozovsky on the engagement of their grandson Bram to Chani Pfeiffer by Mrs. Harry (Sylvia) Kershman.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND

Mazel Tov to:

Amie and Roslyn Kimmel on the engagement of their son Michael to Sandra Nagy by Betty, Ed, Joshua, Spencer and Dana Rose; and by Bill and Mera Goldstein.
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Martin Ginsburg by Marilyn and Dan Kimmel.

In memory of:

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Bessie Resnick by Marilyn and Dan Kimmel.

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In memory of:

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Sam, Joshua and Justin Krane on their participation in the Shabbat Services at Agudath Israel Congregation by your Mom and Boba Evelyn Krane.

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In memory of:

Cooki Levy's sister by Dr. Julia Krane, Daniel Paul and Jacob.

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Lil Cole by Miriam Levitin.

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Edie Landau on the birth of her grandson Eliezer Yaakov by Saly and Morton Teller.

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Mazel Tov to:

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Rabbi and Mrs. Arnold Fine on the birth of their grandson by Yvonne and Harvey Litwick.

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Mazel Tov to:

Barbie Farber on being the recipient of the Queen's Jubilee Gold Medal by your proud parents Stan and Libby Kaz.

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In memory of:

Herbert "Herbie" Saslove by Steve Levinson and Ida Firestone and family.

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Mazel Tov to:

Gerry Levitz on being the recipient of the Queen's Jubilee Gold Medal by Barbara and Len Farber.
Amie and Roslyn Kimmel on the engagement of their son Michael to Sandra Nagy by Ingrid and Gerry Levitz, Stephanie and Naomi.

Geri and Sid Goldstein on the birth of their granddaughter Miriam Levant by Ingrid and Gerry Levitz, Stephanie and Naomi.

Speedy recovery to:

Judie Ross by Ingrid and Gerry Levitz, Stephanie and Naomi.

In memory of:

Helen Gardner by Ingrid and Gerry Levitz, Stephanie and Naomi.

ESTELLE AND JOHN LIBERMAN ENDOWMENT FUND

Mazel Tov to:

John and Estelle Liberman on their 50th wedding anniversary by Alan and Phyllis Rackow.
Linda and Archie Cogan on the birth of their grandson Liam Sage by John and Estelle Liberman.

Rachel Nadolny on the birth of her great-grandson Liam Sage by John and Estelle Liberman.

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Best wishes to:

Gladys Greenberg on her special birthday by Evelyn and Joseph Lieff.

Zeev Vered on being the recipient of the Order of Canada by Evelyn and Joseph Lieff; and by Elissa Lieff, David Resnick, Zac and Kayla.

In memory of:

Max Lieff by Leonard Shore and Jane Mirsky.

JACOB MALOMET MEMORIAL FUND

Best wishes to:

Zelda Freedman on her special birthday by Diana and Alvin Malomet.

Continued good health to:

Ted and Judy Wolfe and family and Noah by Diana and Alvin Malomet.

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Murray Garceau on his special birthday by Anne and Arni May.

In memory of:

Mollie Garceau by Anne and Arni May.

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Happy Chanukah by:

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In memory of:

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Ron Shoudice by Nancy Pleet, Janice Pleet and Jonah Spungin.

Morris Beck by Janice Pleet and Jonah Spungin.

Malca Goldstein by Janice Pleet and Jonah Spungin.

BESSIE AND BENJAMIN POLOWIN MEMORIAL FUND

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Herbert "Herbie" Saslove by Helen and Gerry Polowin.

Rossie Rose by Helen and Gerry Polowin.

Sylvia Bodnoff Reiter by Helen and Gerry Polowin.

NORMAN AND EVELYN POTECHIN ENDOWMENT FUND

Best wishes to:

Emie Potechin on his birthday by Evelyn and Norman Potechin.

Continued on page 22

In Appreciation

The family of the late Rossie Rose would like to thank all our family and friends for their kindness and expressions of condolence on the loss of a dear wife, mother, grandmother and great-grandmother. Rossie touched many lives and was known for her kindness and generosity. All the heartfelt donations, visits, cards and phone calls offered comfort and uplifting support at a difficult time. Everyone's generosity was sincerely appreciated and will always be remembered. A sincere thank you to everyone.

Issie Rose, Harriet Schachter and family

In Appreciation

My heartfelt thanks to all my wonderful and very supportive family and friends. Your donations, cards, blooming gardens and friendly cheer helped me before, and after, my recent surgery. With all my blessings, thank you.

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In memory of:

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ALTI AND BEREL RODAL FAMILY FUND

Mazal Tov to:

Rabbi and Mrs. Shmuel Rodal on the marriage of Lebele and Chani by Berel and Alti Rodal.

Rabbi Mendy and Sorale Blum on the birth of Yossel Yitzchak Meir by Berel and Alti Rodal.

Paul and Jennie Claman on the birth of their grandson Binyamin Zev and on the engagement of their daughter Mira by Berel and Alti Rodal.

Dr. Jozel and Vera Strauss on the marriage of their son Daniel to Daveda by Berel and Alti Rodal.

Charles Dallen on his significant birthday by Berel and Alti Rodal.

In memory of:

Malca Goldstein by Berel and Alti Rodal.
Sara Dstirzga by Berel and Alti Rodal.
Herbert "Herbie" Saslove by Berel and Alti Rodal.

ROSSIE AND ISSIE ROSE ENDOWMENT FUND

In memory of:

Rossie Rose by Harry Kollarsky, by Leonard Shore and Jane Mirsky, by Jordan Rich and Shawna Griefstein and the Rich family, by Estelle and Sol Gunner, and by Sonia Kizell and Gila and Jerry Pearl.

SAMUEL AND RUTH ROTHMAN MEMORIAL FUND

Mazal Tov to:

Lynn and Barry Shulman on the birth of their grandson Benjamin by Sue and Steve Rothman and family.

Anna and Hy Rabinovitch on the marriage of their son David by Sue and Steve Rothman and family.

ANNE AND IRVING SABRAN MEMORIAL FUND

Mazal Tov to:

Rena and Max Cohen on the birth of their grandson by Sandy, Jeff Aaron Fishbain and Hermie Halpern.

In memory of:

Bessie Resnick by Sandy, Jeff and Aaron Fishbain and Hermie Halpern.

HELEN AND RDY SAIFE ENDOWMENT FUND

In memory of:

Rossie Rose by Marcia Saife.
Herbert "Herbie" Saslove by Marcia Saife.
Barbara Sobcov by Marcia Saife.

SAMUEL AND LILLIAN SASLOVE MEMORIAL FUND

Mazal Tov to:

The Saslove family in their new home by Dorothy and Maune Kap and family.

Mazal Tov to:

Betty Ballon on the birth of her great-granddaughter by Dorothy and Maune Kap and family, and by Lil Vinokur and family.

SHIRLEY AND SID SCHECTER ENDOWMENT FUND

In observance of the Yahrzeit of:

Mindel Schechter, a beloved mother by Anne Schechter.
Jack Schechter, a beloved brother by Anne Schechter.
Shirley Schechter, a beloved sister-in-law by Anne Schechter.

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Wolfe Ingbar by Cindy and Charles Schachnow.

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Mazal Tov to:

Gloria and Barry Trainoff on the birth of their granddaughter Lauren Madison by Ethel and David Malek and family, and by Bea and Murray Garceau.

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In observance of the Yahrzeit of:

Mary Shaffer, a dear mother and grandmother by Sheldon and Sonia Shaffer.

ISRAEL AND REBECCA SHORE MEMORIAL FUND

In memory of:

Herbert "Herbie" Saslove by Leonard Shore and Jane Mirsky.

LOUIS AND STELLA SLACK MEMORIAL FUND

Mazal Tov to:

Barbie Farber on being the recipient of the Queen's Jubilee Gold Medal by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.

Linda and Archie Cogan on the birth of their grandson Liam Sage by Myra and Lester Aronson and family.

Gen and Sid Goldstein on the birth of their granddaughter Miriam Levant by Myra and Lester Aronson and family.

Gary Meyers on his special birthday by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.

In observance of the Yahrzeit of:

Clara Slack, a beloved mother by Harvey Slack and Jerry Slack.

In memory of:

Malca Goldstein by Myra and Lester Aronson and family.

SAM AND SUE SLACK ENDOWMENT FUND

Mazal Tov to:

Sunny and John Tavel on the engagement of their daughter Leslie to David Burstein by David, Sharon, Ryan, Jaye and Brody Appolove.

Elissa and Avi Iry on the engagement of their son Daniel to Megan Stephens by David, Sharon, Ryan, Jaye and Brody Appolove.

LAURA AND GORDON SPERGLER ENDOWMENT FUND

Mazal Tov to:

Zeev Vered on being the recipient of the Order of Canada by Laura and Gordon Sperglers.

Barbara Farber on being the recipient of the Queen's Jubilee Gold Medal by Laura and Gordon Sperglers.

WILLIAM "BILL" STERNBERG MEMORIAL FUND

In memory of:

Ann Molloy by Laya and Ted Jacobsen.

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In memory of:

Helen Chezan by Claire and Irving Bercovitch.

SAMUEL AND ANNE TALLER ENDOWMENT FUND

With appreciation to:

Karl and Enid Brof by Anne Taller.

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In memory of:

Rossie Rose by Sunny and John Tavel.

Freda Hershenfeld by Sunny and John Tavel.

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Mazal Tov to:

Tammy Toronlow on her birthday by auri Jean Naemark and family.

STEPHEN AND GAIL VICTOR ENDOWMENT FUND

Mazal Tov to:

Annie and Roslyn Kimmel on the engagement of their son Michael to Sandra Nagy by Gail and Stephen Victor.

HAZE WAINBERG FAMILY FUND

Best wishes to:

Stanley Lipes, my dear son on his birthday by Haze Wainberg.

Lennie Lipes, my dear son on his birthday by Haze Wainberg.

Mazal Tov to:

Gert Wainberg on her 91st and half birthday by Haze Wainberg.

Nai Salomon on his 70th birthday by Haze Wainberg.

Bernadette Laroche on her 80th birthday by Haze Wainberg.

With appreciation to:

Stanley Goldstein by Haze Wainberg.

Thinking of:

Vicki Abernethy at this sad time by Haze Wainberg.

In memory of:

David Abernethy by Haze Wainberg.

WASERMAN FAMILY MEMORIAL FUND

In memory of:

Karl Waserman by Leonard Shore and Jane Mirsky.

JOSEPH AND SONIA WEINST

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Mazal Tov to:

Myra and Sam Skienick on their 40th wedding anniversary by Mille and Percy Weinstein.

R'Yush Sh'lemah to:

Martin Ginsburg by Yelita and Larry Arron.

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Mazal Tov to:

Helene Zaret on her special birthday by Marilyn and William Newman.

NATHAN, DAVID AND MAX ZELIKOVITZ

FAMILIES FUND

Mazal Tov to:

Heidi Fortus on being the recipient of the Queen's Jubilee Gold Medal Award by Marlene Burack.

In observance of the Yahrzeit of:

Nathan Zelikovitz, a dear father and grandfather by Marlene Burack and family, and by Judith Schneidman and family.

In memory of:

Rossie Rose by Marlene Burack and family.

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In memory of:

Robert (Rube) Berezin by Sonya Bodnoff, Cathy, Lisa and Paul.

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In memory of:

Sue Monson by Mary and Len Potelchin and family.

JONATHAN SHERMAN B'NAI MITZVAH FUND

Mazal Tov to:

Norma and Stanley Goldstein on their 25th wedding anniversary by Bea and Murray Garceau.

With appreciation to:

Rabbi E. Braun by Randi, Ian, Jonathan, Matthew and Adam Sherman.

Alan Cantor by Randi, Ian, Jonathan, Matthew and Adam Sherman.

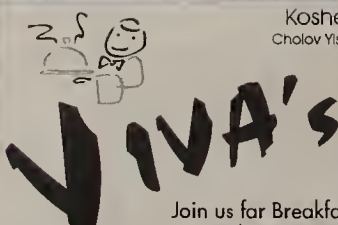
Stan Levine by Randi, Ian, Jonathan, Matthew and Adam Sherman.

In memory of:

Freda Hershenfeld by Randi, Ian, Jonathan, Matthew and Adam.

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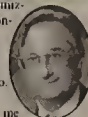
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The Book Beat

Kinneret Globerman

I like having a book on hand that you can pick up and put down at a moment's notice: when you're waiting for a doctor, waiting for a lift, waiting in line, waiting for anything. These books fit the bill. (The first one might also be a good choice for discussion groups.)

Best Jewish Writing 2002

Edited by Michael Lerner

Softcover, 2002

Jossey-Bass/John Wiley & Sons Inc. 383 pages

Lerner's first foray into anthologies was with last year's *Best Contemporary Jewish Writing*. This is his sequel in what looks to be an annual publishing endeavour.

In one year, the world's concerns have shifted dramatically. September 11th etched its wound deep into our collective psyche. Afghanistan was invaded. Suicide bombings became a daily occurrence in Israel.

Lerner, the editor of *Tikkun* Magazine, writer, and rabbi of the "neo-Hasidic" Beyt Tikkun Jewish Renewal Synagogue in San Francisco explains in his introduction that he uses the word "best" to mean "most significant," and obviously, his "best" is subjective. He also says that he takes "strong exception to many of the works...selected for this volume...some of them are wrong-headed in their politics or approach." Lerner and I would probably disagree on the writers we felt were misguided because even though this is an entirely new collection, I generally feel the same way about this edition as I did about last year's: there are very many opinions expressed in these pages that I simply don't share. (You may disagree.) But

Books to read when waiting in line

they are nonetheless interesting to read and unarguably articulately presented.

One thing Lerner and I can agree on is that this book is an emotion-provoking collection of sensibilities and perspectives expressed by some very talented Jewish writers of our time...writers like Letty Cottin Pogrebin who is concerned that "Israel's heartless...treatment of the 'Other' seems to be proliferating," or Aryeh Cohen who feels that Judaism in the Diaspora will continue to dilute unless its Jewish religious leaders strongly profess that "the birthright of Jews is Torah" and encourage its study and practice; and the more familiar writers like Amos Oz, Chaim Potok, Yossi Klein Halevi, Leonard Felder.

The "best," for me, were strangely enough all written by Jonathans: Jonathan Tel's riveting *A Story About A Bomb*, Jonathan Mark's poignant and powerful essay about 27-year-old Andrew Zucker who died in the World Trade Centre, Jonathan Rosen's piece expressing concern about today's "Orwellian transformation of language" that has demonized Israel and Jews and given him an understanding of what it was like to live in the pre-Holocaust world of the early 1930's. The gems: Leo Haber's, *The Greatest Jew in the World*, about his irascible grandfather; Jacqueline Osherow's very moving *Psalm 37 at Auschwitz*; Galina Vromen's funny (but controversial) *The Secret Diary of a Bat Mitzva Girl*. I didn't bother to read Michael Kimmel's, *Against Circumcision*, Wendy Wasserstein's, *Shiksa Goddess*, and a couple more.

Jewish Tales of Mystic Joy

By Yitzhak Buxbaum

Hardcover, 2002

Jossey-Bass/

John Wiley & Sons, Inc.

269 pages

Yitzhak Buxbaum was ordained as a *maggid*, or storyteller,

Jewish Tales of Holy Women

By Yitzhak Buxbaum

Hardcover, 2002

Jossey-Bass/

John Wiley & Sons, Inc.

301 pages

by his spiritual master, Rabbi Shlomo Carlebach. Raised Conservative, he turned to Lubavitch in his youth and is now unfiliated. He defines himself as "traditionally-oriented but radical" and teaches Jewish mysticism through his storytelling. Nourished by Hasidic stories of *tzaddikim* (Hasidic holy or "righteous" people), his hope, with these books, is to spiritually nourish others.

Buxbaum's idea for a collection of joyous stories originated with the concept that "God-awareness and joy are states of expanded consciousness [and] naturally belong together and mutually affect each other." Joy, in other words, can bring a person closer to God because of its tremendous spiritual power. Buxbaum chose to write the other collection because of the dearth of stories about Jewish holy women and the negative status accorded them by contemporary society, which derides women in supportive roles.

The tales are short, no more than a couple of pages long. But the author hopes that each offer the reader some inspiration to holiness and piety, to the ultimate joy that comes from a life dedicated to Judaism, its practices and customs.

NEXT BOOK BEAT: Living in Israel, and our patriarch, Abraham.

This month at the Greenberg Families Library:

Marcia Cantor leads this month's book discussion series on Sunday, March 9 at 1:30 p.m. with Nicholas DelBanco's book, *What Remains*, a novel about coming to terms with the past.

The Ottawa Jewish Film Society continues its season with the film "Minna Tannenbaum" on Sunday, March 9 at 2 p.m. This French film (with English sub-titles) is about Minna Tannenbaum and Ethel Benegui who meet as youngsters in a ballet class in Paris, thus beginning a bittersweet friendship that lasts 25 years. The film was made in France in 1993; it is 130 minutes. Open to SJCC and Library members.



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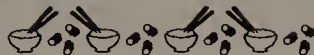
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or Carolyn Katz, ext. 241.

WHAT'S GOING ON

February 17 - March 2

For a detailed listing
visit www.jewishottawa.org
or www.ottawajewishbulletin.com



**MONDAY
FEBRUARY 17**
Vaad and UJA present a free seminar: Proper Money Management with David Cork and Jason Brazeau. RSVP 798-4696 ext. 236.

**TUESDAY
FEBRUARY 18**
Malca Pass Library Book Discussion Group, "Unless" by Carol Shields, Reviewer: Linda Rossman, Agudath Israel Congregation, 1400 Coldrey Avenue, 8:00 p.m.

**WEDNESDAY
FEBRUARY 19**
Vaad Ha'r, Board of Trustees Meeting holding a community consultation on the Strategic Planning Task Force, members of the community are invited to attend, R.S.V.P. Ruth Silbert 798-4696, 7:30 p.m.

**SUNDAY
FEBRUARY 23**
Cable 22,
10:00 am

**MONDAY
FEBRUARY 24**
NAC Orchestra presents pianist Yehim Bronfman. National Arts Centre, 8:00 p.m.

Cable 22,
5:30 pm

**SUNDAY
MARCH 2**
Jump Start Your Heart, Annual Fundraiser for the Ottawa Heart Institute, 9:15 a.m. Israeli House, The Vered Israel Cultural & Educational Program, 7:30 p.m.

COMING SOON

MARCH 4: Emunah Women and Israeli Embassy present the documentary *Undying Love*. National Library of Canada, 7:00 pm. Tickets: Rivka 241-5613.

MARCH 5 - 14: UJA Family Mission to Israel
Information: 798-4696, ext. 259. Online applications: www.jewishottawa.com

MARCH 9: The Ottawa Jewish Film society: *Minna Tannebaum*, 2:00 pm.

MARCH 9: Agudath Israel Congregation presents Rabbi Michael Skobac of Jews for Judaism speaking on the Missionary Threat to the Jewish community, 2:00 pm.

MARCH 16: JET and the SJCC present Purim Spirit, Sunday March 16, 1:00-3:00. \$5.00 per person / \$10.00 per family. Info: 798-9818 ext 247.

MARCH 16: Agudath Israel Congregation presents the Jewish a cappella group Pizmon, 7:30 pm. Tickets: \$5.00 (729-3501).

MARCH 23: Jewish Youth Library presents Memorial Dinner and Tree of Life Dedication in honour of Gaby Sassoon. Keynote speaker Judy Carr. Machzikel Hadas Synagogue. Ticket info: 729-7712.

APRIL 4 TO 6: Imagine. Combines inspirational and uplifting speakers with networking opportunities and festivities for young Jewish adults. Hilton Bonaventure in Montreal. Info and registration www.imagemontreal.com.



CANDLELIGHTING

February 21
5:19 pm
February 28
5:28 pm
March 7
5:38 pm
March 14
5:47 pm
March 21
5:57 pm
March 28
6:06 pm

Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadolny Sachs Private

This information is taken from the community calendar maintained by the Jewish Community Campus of Ottawa Inc. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are recorded by Brenda Schaler, calendar coordinator at 798-9818 ext. 265. We have voice mail. Accurate details must be provided and all events must be open to the Jewish public. You may fax to 798-9639 or email to bschaler@jccottawa.com.

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Condolences are extended
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Harold "Harry" Gordon

Irving (Yitzhak) Miller

Sue Monson, Toronto

Judith (Judie) Ross

Miles (Mike) Wisenthal

May their memories be a
blessing always.

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For a listing
in this column,
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FOR JUNE 23
JULY 9
FOR JULY 28

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